

Mid-County Social Center
829 Bay Ave
Capitola, CA 95010

RETURN SERVICE REQUESTED

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Santa Cruz, CA
Permit #7072

**Friendly reminder—Renew
your annual dues on the
date shown above your
name on your address label**



EVERY TUESDAY 1:00-3:30

Doors open at 12:15

Bingo Pad, \$10 – Win up to \$100!

Additional pads \$8, ½ Pad alone \$6

½ Pad with Full Pad, \$4,

.50 Cent Pull Tabs, Multiple \$250 Winners!

Hot dogs, Chili, Chips and Soda available for purchase

Must be over 18 to play. Open to the public, Doors open at 12:15

Mid-County Social Center

May 2026 Newsletter



THE MID-COUNTY SOCIAL CENTER IS A MEMBER OWNED, SELF SUPPORTING, NON-PROFIT ORGANIZATION
DEDICATED TO PROVIDING SOCIAL, RECREATIONAL, EDUCATIONAL AND HEALTHY LIFESTYLE ACTIVITIES FOR SENIORS.

OPEN TO THE PUBLIC • ALL PROCEEDS BENEFIT MCSC • MCSC-CAPITOLA.ORG • VOLUME 67, NO. 5

**STICK YOGA w/
ARTHUR FAYGENHOLTZ
* FREE 4th FRIDAY *
MAY 22, 2026 1 - 2 PM**



Greetings MCSC Members,

Can you believe it's May already? The gardeners are busy planning our annual Garden Sales & Craft Fair, in the MCSC parking lot, Sat May 2nd from 9AM to 3PM. This is the perfect place to buy your organic starts, and with 32 vendors signed up, you should be able to do your mothers day shopping as well! I hope to see you there!

I want to congratulate the Choraliers on a great show this past month! It was a SOLD-OUT show to 169 attendees! They always do such an amazing job, it was so fun to watch. If you missed this one, be sure to mark your calendars for their next show - August 16th titled "Life In Living Color", you won't want to miss it!

For classes this month, we have added a second Tai Chi class titled *Tai Chi Chih* also known as "*Joy of Movement*" which begins on Wed. May 6th in the Main Room. This type of Tai Chi is in addition to the Monday Class. Give them both a try!

We are looking for Overseers to monitor rental events when we have them. We also continue to look for receptionists and cashiers for our dances and events. If you are interested in learning more about these positions, please leave your name with the receptionist.

Have a great month everyone!

George Kiernan, President



*** IMPORTANT NOTICE ***

Activity Price Increase



Effective May 1, 2026, member activity class fee is \$5 and \$7 for non-members.

MARK YOUR CALENDER

MCSC FRIDAY NIGHT DANCES

MAY 2026
7-9PM \$10/Person

May 8th Country Feeling Band **May 15th Chicago Bill & The Next Blues Band**



May 22nd Ten O' Clock Lunch Band **May 29th Plateau Jazz Band**



Mid-County Senior Center
829 Bay Ave • Capitola, CA 95010 • 831/476-4711
mcsc-capitola.org

Your Move is my Business!



Maureen Rishi
DRE 01918748

m 831-346-2338 o 650-766-0998
maureen.rishi@compass.com
620 Capitola Ave
Capitola, CA 95010



INTEGRITY. COMMITMENT. RESULTS

HONORA ROBERTSON
Broker/Owner

As a 4th generation Santa Cruzan and having been in real estate for 40+ years, I believe in giving my clients "Golden Rule Service". Whether you are thinking of selling or buying, contact me for a free consultation to discuss the market and your goals for the future in real estate!



DRE #00662046 | (831) 588-7426 | robertsonre@sbcglobal.net

Spring GARDEN and CRAFT SALE EVENT

Midcounty Senior Center

Saturday MAY 2ND time! 9am-3pm

829 Bay Ave Capitola



Retire With Greater Financial Flexibility



- ✓ Pay off your existing mortgage to eliminate your monthly payments¹
- ✓ Get additional income tax-free² cash to use for what matters most
- ✓ Continue to own your home just like a traditional mortgage¹

¹You must meet your loan obligations, keeping current with property taxes, homeowners insurance, and home maintenance.

Contact me to see how a reverse mortgage could help you retire with confidence!



Brooke Squyres
Reverse Mortgage Consultant
NMLS #1488020
(831) 840-6505
bsquyres@longbridge-financial.com

¹ Consult a financial advisor and appropriate government agencies for any effect on taxes or government benefits. Licensed by the California Department of Financial Protection and Innovation under the California Residential Mortgage Lending Act. Loans made or arranged pursuant to a California Financing Law license. For California consumers: For information about our privacy practices, please visit www.longbridge-financial.com/privacy. Branch Office: 3700 Hardin Way, Sequoia, CA 95073, Branch NMLS #02399839. This material has not been reviewed, approved or issued by HUD, FHA or any government agency. The company is not affiliated with or acting on behalf of or at the direction of HUD/FHA or any other government agency. ©2025 Longbridge Financial, LLC NMLS# 957935, 81 South Paramus Road, Suite 500, Paramus, NJ 07652, 1-855-523-4326. For licensing information, go to www.nmlsconsumeraccess.org. For additional Longbridge licensing and disclosures, please visit: longbridge-financial.com/licensing. Not all products and options are available in all states. Terms subject to change without notice. Certain conditions and fees apply. This is not a loan commitment. All loans subject to approval.

HICAP SENIOR NETWORK SERVICES

SHREDDING EVENT



FREE DOCUMENT SHREDDING EVENT: Saturday

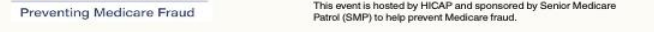
JUNE 6, 2026
WHEN: 10:00 AM - 2:00 PM
WHERE: Mid-County Senior Center.
LOCATION: 829 Bay Ave, Capitola

FREE MEDICARE FRAUD AWARENESS KITS

ONSITE MEDICARE SPECIALISTS

PREVENT MEDICARE FRAUD

FREE FOR SENIORS 65 AND OVER



CONTACT HICAP (831) 462-5510
HICAP@seniornetworkservices.org

This event is hosted by HICAP and sponsored by Senior Medicare Patrol (SMP) to help prevent Medicare fraud.

SPECIAL SPEAKER

FRIDAY MAY 15, 2026 @ 12:30PM

Tori Durcan
Community Connection
Volunteer Center



Have Medicare questions? I have answers.



Beth Powanda
Powanda Insurance Agency
Lic. #0880536
powandainsuranceagency.com
beth@powandainsuranceagency.com
831-252-2256, TTY 711



SENIOR Helpers
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831-295-8565

High Quality, Flexible
Care to Meet Your Needs



SANTA CRUZ
Capitola * Felton * Watsonville
Scotts Valley
License# HCO434700160



SANTA CRUZ SYMPHONY LEAGUE

HOME & GARDEN TOUR

June 6-7, 2026

Noon to 4:30 PM
Tour 5 exclusive homes, and support music education with the Symphony League.

TICKETS \$75

WWW.SANTACRUZSYMPHONYLEAGUE.ORG

THE HEALTHY WAY
Weight & Lifestyle Solutions

Celebrating 40 Years of Service!

Join Us for Our 40th Anniversary Party & Health Fair
Saturday, June 27, 12-3pm

KPIG RADIO will be Broadcasting LIVE!
Enter our raffle's for a chance to win lots of incredible prizes and programs!!

ENJOY: Health consultations, cooking classes, food samples, discounts on programs and B12 shots, educational info, meet local longterm success stories and our special keynote speaker Dr. Christopher Hobbs

For more info and schedule of events visit: www.healthyway.us/40years
(831) 462-5900 | thehealthyway.us | 3251 Mission Drive, Santa Cruz, CA 95065



Susan Raay



*** NEW ***

WEEKLY ACTIVITY COMING
Beginning on WED. MAY 6th, 2026
T'AI CHI CHIH (TCC)
10:45 AM – (M)
\$5/Member - \$7/Non-Member

T'ai Chi Chih also known as **"Joy of Movement"** is a graceful, gentle Moving Meditation, and is a series of easy to learn 19 stand alone movements & one pose, which serve to improve Balance, Peace of Mind, Energy, Coordination, & Memory

Instructor Susan Raay is a Certified official TCC Instructor. Susan LOVES to share her joy of this gentle movement & looks forward to bringing TCC to MCSC.



CRIBBAGE

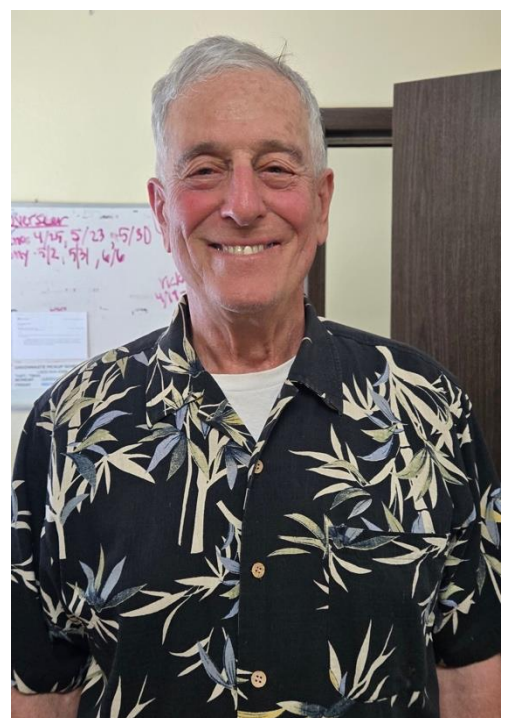
Have you ever tried cribbage? This classic card game uses a unique pegboard for scoring and is known for its simple rules and engaging play. Players take turns creating card combinations to earn points, all while enjoying conversation and camaraderie. Whether you're new or experienced, cribbage is a wonderful way to connect and have fun. Come join us, EVERY Wednesday from 1-3PM. Our activity Instructor Sidd Hattis will be happy to teach & play with everyone who is interested!

Price \$5 / Members - \$7 Non-Members.

Quote from Sidd Hattis:

"Cribbage is the GREATEST card game that has ever existed for over 400 years, it's fun & easy! It doesn't take very long to play a game, but it takes A LOT of Luck to Win! "

Sidd Hattis



Advertise in the Mid-County Social Center Newsletter

Business Card Size - Circulation 600+ /month
1 Month - \$40
3 Months \$108 - 6 Months \$204
One year \$384
Contact Ana at: mcsc4ana@gmail.com

HAIR BY MARIE

Hair Cut – Includes Shampoo - \$45
Cut & Root Color- \$55
(831) 818-0347
9099 Soquel Dr. – Bldg. #7
Aptos, CA 95003

Award-Winning Mexican Cuisine
45 Years of exotic moles & sauces, flavorful enchiladas, tacos, & more, in an accessible, intimate, warm, & homey setting.

Tortilla Flats

Thank you Santa Cruz County for continuing to vote our Original Margaritas the BEST!
We are very Grateful to be a part of this amazing community.

Tuesday-Sunday 11:30-9:00 • Friday and Saturday 11:30-9:30 • 4616 Soquel Dr. • Soquel CA 95003 • @tortilla.flats • TortillaFlatsDining.com

*MCSC May Member Spotlight
Michele Beard*



Welcome Michele Beard, our new Front Desk Receptionist! Originally from Nebraska, Michele has called California home for the past 50 years. She brings a rich and varied background as a Registered Nurse, with experience across multiple areas of healthcare. Throughout her career, she especially enjoyed supporting fellow clinical staff with computer systems and helping patients—particularly those with heart conditions—through creative rehabilitation activities like painting. Michele has always had a passion for the arts and loves working with a variety of mediums, including painting, sketching, macramé, sewing, and paper crafts. Now retired, she enjoys spending time with her family and going on daily outings with her three adorable dogs. Michele joined the Senior Center because she loves connecting with people and staying active in the community. Be sure to stop by the front desk on Mondays and say hello to Michele!



MCSC has unveiled a refreshed logo along with an updated name—now proudly known as the **Mid County Social Center**. This rebranding reflects a renewed vision and commitment to fostering connection, inclusivity, and vibrant community engagement. The new look offers a modern, cohesive identity that better represents the energy and spirit of the center, while honoring its strong foundation. Members can expect to see the updated branding across communications, programs, and events as **we continue to grow and evolve together.**



Bravo to the Choraliers!
They delivered a sold-out performance to an audience of 169 at Senior Palooza on April 19, 2026. Special thanks to Lois Williams and David Cantu for their outstanding direction—fantastic job! Stay tuned for their next show on August 16, 2026, titled “Living in Color.”



SMILE, your FAMOUS!! Stick Yoga, FREE & OPEN to the Public EVERY 4th Friday of the month from 1-2PM with Arthur Faygenholtz



LEARN TO WALTZ



**2nd Sunday of every month
Lessons from 3-4PM
Dance from 4-5PM
\$10/Person**



**How do you make a tissue dance?
Put a little boogie in it.**



The following motions were approved at the April 17, 2026, Board Meeting:

- Use of CHATGPT, annual business license for 2 users
- New logo and begin changing over on all letterheads, the newsletter, and on the website
- Name change to Mid-County Social Center
- Sponsor the Beach Festival for a \$1000 donation plus banner cost

Submitted by Recording Secretary – Mari Segura

MCSC FUNDRAISER

We are excited to announce the kickoff of our annual fundraiser, starting on May 1! This year, our goal is to raise \$25,000 to support important projects and improvements within our community.

Last month's article mentioned a goal of \$15,000, but this did not include the additional annual \$10,000 needed for the parking lot repaving project reserve. After reviewing our needs and commitments, we have set our total fundraising goal at \$25,000.

A donation box will be available at the front desk for your contributions. Every donation, large or small, brings us closer to our goal!

Keep an eye on the fundraiser thermometer at the front desk to track our progress. We'll update it regularly so everyone can celebrate milestones together.

Your generosity makes a real difference. Please consider donating and help us reach our goal by supporting both ongoing needs and the parking lot repave. Thank you for being part of our community and for your continued support!

Board of Directors

President: George Kieman, (408) 590-8282
 1st Vice President: Bella Hughes (831) 566-1474
 2nd Vice President: Teri Mantz (831) 588-3700
 Treasurer: Cindy Kieman, (831) 428-9875
 Recording Secretary: Mari Segura, (831) 818-6090

Directors at Large


Tony Alonzo: (831) 818-8712
 Debbie Sheehan (949) 633-7222
 Donna Fernandez: (831) 426-2827
 Past President: Curt Jewell (831) 227-9974

Committee Chairs

Activities & Events: Mari Segura (831) 818-6090 EM: mcsc4fun@gmail.com
 Publicity: Bella Hughes (831) 566-1474
 Building & Property, Garden, & Technology
 Curt Jewell, (831) 227-9974
 Bylaws, Finance & Personnel
 Cindy Kiernan: (831) 428-9875
 Membership: Teri Mantz (831) 588-3700

Departments

Coordinator: Ana Alvarez (831) 476-4711
 Newsletter: Ana Alvarez
 Receptionist: Ana Alvarez
 Librarian: Elke Maus: (831) 464-8983

 Sunshine Committee:
 Ana Alvarez (831) 476-4711

At MCSC, the members, volunteers and staff are important and are treated equitably and professionally.

Board of Directors, General Meeting minutes and financial statements are available upon request through the President, George Kiernan

MEMORIAL BRICKS

Be part of something lasting! By purchasing a commemorative brick, you're not only supporting MCSC, but also creating a permanent tribute that will be enjoyed for generations. Your personalized brick can celebrate a loved one, honor a milestone, or showcase your pride in our community. Bricks can be installed at MCSC serving as a lasting reminder of the people and families who make our community strong OR can be taken home to install as you wish. Commemorative Bricks are \$100. You can personalize with a lovely note/ unique symbol to honor your loved ones! Please place your order with the receptionist. All brick orders will be processed within 48hrs ☺

NEW MEMBERS

Joined from 3/20/26 – 4/17/26

Amy	Connolly
Armando	Mendoza
Coral	Brune
Cynthia E.	Borquez
Francesca	Graziano
Grace	Verduzco
Hue	McGlown
Janette	Rosbroy
John	Price
Joni	Cady
Pilar	Marien
Richard	Hampton
Rose	Texeira
Sally	Jones
Teresa	Mendoza

TOTAL MCSC MEMBERS 619

HAPPY
 Mother's Day

3	8	9	2	5	
		8	7	3	
	6	3	9	8	
		3	5	1	
9	1	5	7	2	3
7		3	1		
	3	5	1	9	
	7	4	6		
8		1	2	6	7

happy
 May
 Birthdays



Arthur	Bokemeier	Judith	Lind
Atsuko	Mase	Judy	Alfter
Bill	Mc Bride	Judy	Allen
Bobbe	Martin	Julie	Keller
Bruce	Reimbold	Karen	Kriscunas
Cathy	Robinson	Karen Lynne	Hoffseth
Christine	De Faymoreau	Lee Ann	Gray
Coral	Brune	Linda	Burnam
Curt	Jewell	Lynn	Cornett
Debbie	Falconer	Marcia	Hand
Deborah	Ruiz	Mary	Bianchini
Esther	St.Ores	Mary	Peterson
Georgina	Maxwell	Matt	Grote
Hue	McGlown	Maureen	Barber
Jan	Winham	Michael	Reardon
Jane	Duryea	Mike	Lovejoy
Jane	Uyematsu	Moira	Gagen
Janet	Loops	Patti	Mc Intyre
Joy	Smith	Robert	Bates
Joyce	Paris	Robert	Dunn
		Susan	Inadomi-Gueye
		Tina	May

CELEBRATE YOUR BIRTHDAY MONTH WITH US !!

FREE Cake / Ice Cream

* Served after Special Speaker *

Friday – May 15, 2026 @ 1PM



FREE ACTIVITY COUPON FOR MAY B-DAY'S

ACTIVITY NOTES

BINGO

Tuesdays - **BEST Game in Town!**
Doors & Snack bar opens at
12:15. Game starts at 1:00 PM.

CARDS & BOARD GAMES

Duplicate Bridge: Mon/Thu 11AM

Canasta: Hand & Foot
Mondays & Thursdays

12:30-3:30PM (M)

Backgammon: Monday 12-2PM

Chinese Mah Jongg

Wed 12:30-3:30PM (M)

BEGINNERS WELCOME!

Scrabble: Wed 12:30-3PM. (M)

Cribbage: Wed 1-3PM (M)

Bridge for Fun: Thu 12-3PM (M)

American Mah Jongg:

Friday @ 12:00PM (A)

PEDRO – Every 1st Friday of the month 1- 3:30 PM (M)

CHORALIERS

PERFORMING ARTS

Practice for our 3 times per year live performances – includes singing, dancing, costuming, choreography, and set decoration. Tue 9:30 AM for vocal rehearsals, and dance practice on Thurs 8:45 AM

CLUBS

Book Club: Meets 1st Fri

Capitola Library at 11AM – 12:30PM

Chess Club: Fri 1:00PM

Photo Club: Wed 10AM

Field Trip (TBD) Sign Up Ahead

Ukulele Jam Club: All skill levels are welcome. Other instruments are welcome too - Come jam with us and have fun. Fri 10:15AM

DANCES

See calendar for Details

SEE YOU
ON THE
DANCE FLOOR



EXERCISE & FITNESS

Gentle Yoga – (A)

Monday 9-10:30AM

Tai Chi– (M)

Monday 10:45-11:45

TAI CHI CHIH – (M)

Wed 10:45 -11:45

Sr. Physical Fitness – All

levels welcome. Wed at 9:30

International Folk Dance

Thurs. 10:30-12:30PM (M)

Senior Stretch – Fridays at

9am. We work the whole body in a fun way!

WIN – Fridays – 8:45 in the annex for weight information

OTHER CLASSES

ART CLASS:

Tuesday 1-3pm (A)

IMPROV Class

1st & 3rd Wednesday (A)

10:30AM - 12PM

SPANISH – Fridays

11:00-12:00 (M)

90's CLUB

2nd Friday of the month (M)

PLANT WALK

2nd Friday of the month

10.30-11.30AM

TECH TALK with TINKA

2nd & 4th Fridays 11-1 (M)

JAPANESE FLOWER

ARRANGING : 2nd

Saturday in the Annex

10-12PM – SAT May 9th

REGISTER WITH ACTIVITY LEADER

(M) = MAIN ROOM
(A) = ANNEX ROOM

GARDEN UPDATE

As spring continues to flourish, our garden is brimming with new life and vibrant colors. May brings exciting opportunities for both seasoned gardeners and newcomers to enjoy the fruits—and flowers—of our collective efforts. Here's what you can look forward to this month!

Mark your calendars for our annual Parking Lot Sale taking place on May 2. This event is a fantastic chance to support the garden, meet fellow community members, and take home some treasures for your own space. The sale will be held in the community center parking lot from 10:00 AM to 3:00 PM.

Our garden team has been hard at work, and we're excited to offer a variety of fresh produce and beautiful flowers at the sale. This includes Vegetable starts: Perfect for those looking to kickstart their home gardens. Seasonal produce: Lettuce, radishes, spinach, and more. Fresh-cut flowers: Bouquets and arrangements for every occasion. All items are grown with care by our dedicated volunteers, ensuring quality and freshness.

Don't miss the Lavender Ladies booth! They'll be offering handcrafted lavender products, advice on growing lavender, and unique gifts. Their booth is always a favorite for garden lovers and those looking for something special.

Enjoy a delicious BBQ lunch during the event. The menu includes grilled favorites, vegetarian options, and cold drinks. Lunch will be served from 11:00 AM to 2:00 PM—bring your appetite and enjoy a meal with friends and neighbors!

Volunteers are always welcome! If you'd like to help out at the sale, work in the garden, or join the Lavender Ladies, please reach out to our garden coordinator. Your participation makes our community stronger.

We look forward to seeing everyone at the Parking Lot Sale and celebrating the joys of gardening together. Happy May!

UKULELE UPDATE



GOOD NEWS!!

The memorial bricks have been installed in the MCSC Gazebo. The patio area looks GREAT! Thank you to our members who did ALL the work! Our first meeting is on May 1, a good day to have a little celebration! We can sing a few songs in memory of Ciro, Alice, Ber and Melita, then have a little picnic in the patio area! Plan to be there to have a happy memorial to honor our members who have left us with SO many Wonderful memories!

ALOHA, Happy Spring & 
HAPPY MOTHERS DAY !!

PLANT WALK

2nd FRIDAY of the Month

May 8, 2026

10:30AM - 11:30AM

90' CLUB

2nd FRIDAY of the Month

May 8, 2026

1:00PM -2:30PM

TECH TALK with TINKA

2nd & 4th Friday's of the Month

May 8th & 22nd, 2026

11:00AM- 1:00PM

GIFT SHOP UPDATE

Handmade Treasures for Every Occasion
Don't miss the Spring Garden & Craft Sale on May 2! This special event is the perfect place to find thoughtful, handmade gifts just in time for Mother's Day. Browse a beautiful variety of fresh seasonal decorations and charming paper craft cards to brighten any occasion.

You'll also discover a delightful selection of needlecraft items, along with cozy knitted and crocheted treasures for the whole family. Be sure to explore the sparkling crystal sun-catchers, unique jewelry pieces, and adorable baby gifts that are sure to make you smile.

While you're there, stop by the Lavender Ladies table and enjoy the sweet scent of spring. Their collection includes fragrant sachets, handcrafted soaps, natural dryer bags, soothing oils, bug repellent, cooking lavender, and more -- perfect for gifting or treating yourself. The Lavender Ladies also keep a display @ the MCSC Gift Shop open Monday thru Friday from 9AM-3PM, stop by & pick up a sweet gift for you OR that special someone in your life!
If you can't stop by the sale on May 2, the Gift Shop is always open during MCSC business hours for your convenience.

BOWMAN RANCH BREAKFAST

Sunday – May 24, 2026

8:30am – NOON