

Mid-County Senior Center
829 Bay Ave
Capitola, CA 95010

RETURN SERVICE REQUESTED

Non-Profit Org.
U.S. Postage
PAID
Santa Cruz, CA
Permit #7072

Friendly reminder—Renew
your annual dues on the
date shown above your
name on your address label



EVERY TUESDAY 1:00-3:30
Doors open at 12:15
Bingo Pad, \$10 – Win up to \$100!
Additional pads \$8, ½ Pad alone \$6
½ Pad with Full Pad, \$4,
.50 Cent Pull Tabs, Multiple \$250 Winners!

Hot dogs, Chili, Chips and Soda available for purchase
Must be over 18 to play. Open to the public, Doors open at 12:15

Mid-County Senior Center

November 2025

Newsletter



THE MID-COUNTY SENIOR CENTER IS A MEMBER OWNED, SELF SUPPORTING, NON-PROFIT ORGANIZATION
DEDICATED TO PROVIDING SOCIAL, RECREATIONAL, EDUCATIONAL AND HEALTHY LIFESTYLE ACTIVITIES FOR SENIORS.

OPEN TO THE PUBLIC • ALL PROCEEDS BENEFIT MCSC • MCSC-CAPITOLA.ORG • VOLUME 61, NO. 11



**Please join us all for a turkey dinner
complete with all the fixings!
\$25/person**

Monday, November 24th, 2025
Doors open at 4:30 PM
Dinner served 5 – 6:30 PM

**Pre-registration is required
with payment.**
Sign up at the front desk.
Please RSVP by Friday, Nov 20.

Dear Members,

We are pleased to announce and welcome our newest Board members. Joining us this term are President, George Kiernan, and Recording Secretary, Mari Segura. We look forward to their leadership and dedication to our community.

We extend our heartfelt gratitude to the Board members who are stepping down after their invaluable service: Marilyn Jessup, Nancy Prevedelli, Vicky Howell, and Marilyn Carter. Thank you for your commitment and contributions over the years.

We are delighted to have the following Board members continuing for another term: Bella Hughes, Teri Mantz, Cindy Kiernan, Tony Alonzo, Debbie Sheehan, and Donna Fernandez. Your ongoing support is greatly appreciated!

Please join us for our annual Thanksgiving Dinner on Monday, November 24, 2025. More details can be found in the latest newsletter. We look forward to celebrating together!

Thank you to everyone who attended and supported our Fall Parking Lot Sale. The event was a tremendous success, raising \$2,842 for the center. Your participation and generosity make a significant difference!

We are excited to announce that solar panels have now been installed and are actively generating power for our center. On sunny days, we are producing up to 70 kWh of clean energy, marking a significant step toward sustainability.

Curt Jewell, President



COUNTRY FEELING BAND



**Linda Baker's Birthday Bash
Come Dance the Night Away!!**
SHANTA'S LINE DANCE CLASS STARTS @ 6pm

**November 14, 2025
7-9PM - \$10/person**

MCSC - 829 Bay Ave. Capitola, Ca 95010

WE KNEAD YOUR BACK

MASSAGE
Every Monday from 9AM-4PM
\$1 per minute
CALL TO BOOK APPT. 831.476.4711
WITH TONY ALONZO & SUSAN RAAV



**ALL PROCEEDS
GO TO MCSC SOLAR PROJECT**

MCSC HOLIDAY ARTS & CRAFT SALE

**Saturday, December 6th
10AM-3PM**

A fun shopping experience
with multiple vendors

829 Bay Avenue, Capitola CA 95010
(831) 476-4711

My name is Mary Healy.
I come to MCSC to make friends and
enjoy the community. My problem is
that I & many others can't remember
your name. When we are greeted by
our first name, it makes us feel
included & cared about. We want to
connect with you , but we feel
embarrassed because we cannot
remember your name. We all have old
name tags lying around at home. Let's
put them on & wear them at MCSC. You
might even want to make yourself a

grateful

MEDICARE
MARC'S HEALTH INSURANCE SOLUTIONS
MARC GARCIA - LICENSE #4389727

MARC@MCAREADVISOR.COM
MCAREADVISOR.COM
424-474-1986

**Have Medicare questions?
I have answers.**



Beth Powanda
Powanda Insurance Agency
Lic. #0B80536
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beth@powandainsuranceagency.com
831-252-2256, TTY 711

INTEGRITY. COMMITMENT. RESULTS



HONORA ROBERTSON
Broker/Owner
As a 4th generation Santa Cruzan and having been in real estate
for 40+ years, I believe in giving my clients "Golden Rule Service".
Whether you are thinking of selling or buying, contact me for a free
consultation to discuss the market and your goals for the future in
real estate!

REALTOR **ROBERTSON**
REAL ESTATE

DRE #00662046 | (831) 588-7426 | robertsonre@sbcglobal.net

HAIR BY MARIE

Perm Includes Cut - \$85
Hair Cut - Includes Shampoo - \$50
Color (roots only) Includes Trim - \$45
(831) 818-0347
3000 Valencia Ave. Aptos, Ca 95003

Award-Winning Mexican Cuisine

45 Years of exotic moles & sauces, flavorful enchiladas, tacos,
& more, in an accessible, intimate, warm, & homey setting.

Tortilla Flats

Thank you Santa Cruz County for continuing to vote our Original Margaritas the BEST!
We are very Grateful to be a part of this amazing community.

Tuesday-Sunday 11:30-9:00 • Friday and Saturday 11:30-9:30 • 4616 Soquel Dr. • Soquel CA 95003 • @tortilla.flats • TortillaFlatsDining.com

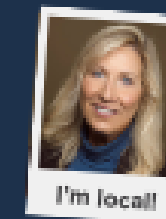
Retire With Greater Financial Flexibility



- ✓ Pay off your existing mortgage to eliminate your monthly payments¹
- ✓ Get additional income tax-free² cash to use for what matters most
- ✓ Continue to own your home just like a traditional mortgage¹

¹ You must meet your loan obligations, keeping current with property taxes, homeowners insurance, and home maintenance.

Contact me to see how a reverse mortgage could help you retire with confidence!



Brooke Squyres
Reverse Mortgage Consultant
NMLS #1488020
(831) 840-6505
bsquyres@longbridge-financial.com

¹ Consult a financial advisor and appropriate government agencies for any effect on taxes or government benefits.
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available in all states. Terms subject to change without notice. Certain conditions and fees apply. This is not a
loan commitment. All loans subject to approval.

The following motions were approved at the
October 17, 2025 Board Meeting:

- MCSC to host an open to the public Thanksgiving dinner on Monday, November 24, at a pre-pay cost of \$25/person. Additional donations will be requested. Presented by Cindy, seconded by Teri, unanimous approval

Submitted by Recording Secretary - Marilyn Jessup

MCSC Ladies of Bridge for Fun!!

Every week, our spirited Ladies of Bridge for Fun gather for laughter, friendly competition, and plenty of good conversation. It's more than just a game—it's a time to connect, challenge the mind, and enjoy each other's company. Whether the cards are in your favor or not, there's always fun to be had at the bridge table. Join in & Play!



Barbara Denton, Cacy Munson, Shannon Purl, Julia Akin



**90' CLUB
FRIDAY
11/14
1-2:30PM**



Pictured above are members: Addie Staggie & Virginia Keith



Board of Directors

President: Curt Jewell, (831) 227-9974
1st Vice President: Bella Hughes (831) 566-1474
2nd Vice President: Teri Mantz (831) 588-3700
Treasurer: Cindy Kiernan, (831) 428-9875
Recording Secretary: Marilyn Jessup, (831) 818-0593
Corresponding Secretary: Vicky Howell, (831) 345-6374

Directors at Large

Tony Alonzo: (831) 818-8712
Marilyn Carter: (831) 239-3038
Nancy Prevedelli: (831) 476-0416
Donna Fernandez: (831) 426-2827
Past President: Debbie Sheehan (949) 633-7222

Committee Chairs

Activities & Events: Mari Segura (831) 818-6090 EM: mcsc4fun@gmail.com
Publicity: Bella Hughes (831) 566-1474
Building & Property, Garden, & Technology
Curt Jewell, (831) 227-9974
Bylaws, Finance & Personnel
Cindy Kiernan: (831) 428-9875
Membership: Marilyn Jessup (831) 818-0593

Departments

Coordinator: Ana Alvarez (831) 476-4711
Newsletter: Ana Alvarez
Receptionist: Ana Alvarez
Librarian: Elke Maus: (831) 464-8983



Sunshine Committee:
Nancy Prevedelli (831) 476-4711

At MCSC, the members, volunteers and staff are important and are treated equitably and professionally.

Board of Directors, General Meeting minutes and financial statements are available upon request through the President, Curt Jewell.



21 NEW MEMBERS



Joined from 9/20/25 – 10/17/25

Candice	McLaren
Cathy	Cavanaugh
Cecille	Fortun
Chris	Brown
Claire	McAdams
Diane	Noland
Elaine	Nicholson
Jean	Mahoney
Kathy	Moeller
Linda	Valenziano
Madge	Takahashi
Marc	Garcia
Martha	McGinnis
Mary	Crouser
Mathilde	Meyboom
Michele	Huesties
Norma	McLean
Richard	McAdams
Rita	Marseille
Sheila	Moser
Yelena	Vogman

TOTAL MCSC MEMBERS 571

SPECIAL SPEAKER: BILL PROULX

NOVEMBER 21, @ 12:30PM

**TOPIC: 2026 Medicare Changes
in Santa Cruz**



**CELEBRATE YOUR BIRTHDAY
MONTH WITH US !!**

To celebrate the members having birthdays
the Board will host a cake party on
Friday – Nov. 21st following special speaker

**Why did the
mashed potatoes
cross the road?
To get to the other sides.**



Ana	Alvarez
Anna	Creagh
Annette	Atkinson
Arthur	Faygenholtz
Audrey	Trautwein
Betty	Ensminger
Carole Evans	Echols
Corina	Baird
Deborah	Blumberg
Debra	Sheehan
Ellen	Nielsen
Gaby	Litsky
Gayle	Livanos
Glen	Cornett
Irene	De Haydu
Joanne	Duffield
Joanne	Winham
John	Holden
Kathy	St. Leger-Barter
Kay	Waldvogel
Linda	Batey
Linda K	Baker
Luisa	Oderman
Madge	Takahashi
Maggie	Schwarb
Margarita	Dreyer
Marilyn	Diola
Pat	Vasconcellos
Pualani	Adoptante
Rebecca	Raney
Rita	DeBernardo
Sharon	Fauske
Shawn	Schaefer-Coulson
Sheila	Moser
Susan	Hottel
Susan	Immisch
Susie	Wood
Suzanna	Sarasvati
Suzanne	Avenell
Vicki	Kuhlmann

ACTIVITY NOTES

BINGO

Tuesdays - BEST Game in Town!
Doors & Snack bar opens at
12:15. Game starts at 1:00 PM.

CARDS & BOARD GAMES

Bridge for Fun: Thu 12-3PM

Duplicate Bridge: Mon/Thu 11AM



Backgammon: Monday 12-2PM

Canasta: Hand & Foot

Mondays & Thursdays

12:30-3:30PM

Mah Jongg: - Fri at Noon in the
Annex.

Chinese Mah Jongg

Wed 12:30-3:30PM in the Main
Room. **BEGINNERS WELCOME!**

Scrabble: Wed -12:30 PM.

**PEDRO – Every 1st Friday of the
month 1- 3:30 PM**

CHORALIERS

PERFORMING ARTS

Practice for our 3 times per year
live performances – includes
singing, dancing, costuming,
choreography, and set decoration.
Tue 9:30 AM for vocal rehearsals,
and dance practice on Thurs 8:45
AM

CLUBS

Book Club: Meets 1st Fri at
Capitola Library at 10:30 AM.

Chess Club: Fri 1:00PM

Photo Club: Wed 1-3PM in the
Annex. Come join us & learn how
to take better photos.

Ukulele Jam Club: All skill levels
are welcome. Other instruments
are welcome too - Come jam with
us and have fun. Fri 10am.

DANCES



[See calendar for all details!!!](#)



EXERCISE & FITNESS

Sr. Physical Fitness – All
levels welcome. Wed at
9:30

Senior Stretch – Fridays at
9am. We work the whole
body in a fun way!

Gentle Yoga on mats –

Mondays, 9:00-10:15am

WIN – Fridays – 8:45 in the
annex for weight information

International Folk Dance

Thursdays, 10-noon (M)

JAPANESE FLOWER

ARRANGING : 2nd

**Saturday (11/8) in the
Annex 10-12PM**

SPANISH – Fridays

10:30-12:00 (M)

IMPROV Class

1st & 3rd Wednesday (A)

10.30-12PM

90's CLUB

2nd Friday of the month (M)

ART CLASS:

EVERY Tuesday 1-3pm (A)

TECH TALK with TINKA

Friday 11/14 (M)

ATTENTION

CENTER IS

CLOSED

11/27 & 11/28



GARDEN UPDATE



The garden is starting to slow down
as the winter months are on us.

Our last workday of the year will be
Nov. 1st at 8:45 AM with a meeting
to follow. Nominations for
committee members will be taken at
this meeting.

Please check with your district reps
regarding hours worked. We are
quickly running out of tasks to make
these hours up in the winter
rains. Please get something
scheduled as soon as
possible. Your garden membership
can not renew if you are behind in
work hours.

GIFT SHOP UPDATE

Now that Fall has arrived checkout the
collection of hats and scarves in the
Gift Shop. They are sure to keep you
toasty warm when the temperature
starts to dip. A BIG thank you for all of
those who stopped by the Gift Shop
booth at the Garden Craft Fair.

Don't forget we still have openings in
the up coming works shops.

Birdhouse Workshop on Saturday,
November 8, @ 1-4pm. Cost for all
materials and instructions is \$35. The
MCSC receptionist will accept payment
and put you on the
workshop student list.

Oshibana Holiday Card Making
Workshop on Saturday, November 15,
@ 1-4pm. Cost for all materials and
instructions is \$25. The MCSC
receptionist will accept payment and
put you on the workshop student list.

UKULELE UPDATE



We've been happy to welcome back some of
our travelers, Deb & Linda and some new
faces, too! We are looking forward to the
installation of our memorial bricks for Ciro

Alice & Bev and the Choraliers brick for
Melita. Thanks to Ana for helping us with this
project! Sue was back with her harmonica &
Linda will join our harmonica section. We now

have a percussion section, a wind section & a
choral section, WOW!! And of course, our
wonderful dancer, Audrey. We'll soon be
starting our Christmas music. If you'd like to
sing some carols with us, come & join the fun
on Fridays from 10-11AM!

ALOHA & Happy Thanksgiving



LINE DANCING IS BACK !!! EVERY MONDAY NIGHT WITH MICAHLE LEW
5-6PM \$5/person



MCSC Photo Club

November 2025 Schedule



November 5th – 313 Elements 103

November 12th – 533 Elements, Photo Merge
534 – Easy HDR2

November 19th – Workshop – 531 Replacing
the Background & Removing the unwanted

November 26th – No Class

Happy Thanksgiving!