








Class fees are \$4 for MCSC members \$6 for non-members, unless otherwise noted. Exact change and small bills are appreciated!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<p><b>Gentle Yoga on Mats (A)</b> 9:00-10:30AM</p> <p><b>MASSAGE FUNDRAISER for MCSC SOLAR! (M)</b> 9:00-4:00PM \$1 a minute</p> <p><b>Duplicate Bridge (A)</b> 10:50-3:00PM</p> <p><b>Backgammon (M)</b> 12-2PM</p> <p><b>Canasta Hand &amp; Foot (M)</b> 12:30-3:30PM</p> <p><b>Country Line Dancing (M)</b> 5:00 – 6:00PM</p>	<p><b>Choraliers (M+A)</b> 9:30-12:00PM</p>  <p><b>BINGO! (M)</b> 12:15-3:30PM <i>Lunch for purchase</i></p>  <p><b>ART Class (A)</b> 1:00-3:00PM \$4/Members, \$6/Non-Members</p> <p><b>Swing Dance Lessons:</b> Balboa swing dance instruction. All level classes catering to individual needs <b>6 - 7:15pm. Open practica with Bal tempo music 7:15 - 8:30pm.</b></p> <div> <p>Publicity Meeting (12/2 3:00PM)</p> </div>	<p><b>Private Rental</b> 9AM-1PM (A) (2<sup>nd</sup> Weds Only)</p> <p><b>Senior Physical Fitness (M)</b> 9:30-10:30AM</p> <p><b>Improv</b> 10:30-12PM (A) - <i>no classes in Dec</i></p> <p><b>Chinese Mah Jongg (M)</b> 12:30-3:30PM</p> <p><b>Scrabble (M)</b> 12:30-3:00PM</p> <p><b>Photo Club (A)</b> 1:00-3:00PM <i>2<sup>nd</sup> Weds = Field Trip</i></p> <p><b>12/24: Center Closed for Christmas!</b></p>	<p><b>Choraliers Dance (M+A)</b> 8:45-10:30AM</p> <p><b>International Folk Dance</b> 10:30-12:00PM</p> <p><b>Duplicate Bridge (A)</b> 10:50-3:00PM</p> <p><b>The Crafters (M)</b> 12:00-3:00PM</p>  <p><b>Bridge for Fun (M)</b> 12:00-3:00PM</p> <p><b>Canasta Hand &amp; Foot (M)</b> 12:30-3:30PM</p> <p><b>12/25: Center Closed for Christmas!</b></p> <div> <p>MCSC NEWSLETTER FOLD (12/22) 9:30-Noon</p> </div>	<p><b>Grey Bears Brown Bag</b> 8:30-10:00AM</p> <p><b>WIN (A)</b> 8:45-9:45AM</p> <p><b>Senior Stretch</b> 9-10AM</p> <p><b>Ukulele</b> 10:00-11:00AM</p> <p><b>Tech Talk w/Tinka (A)</b> 11-1PM (12/12)</p> <p><b>Spanish (M)</b> 10:30-12:00</p> <p><b>American Mah Jong (A)</b> 12:00-3:45PM</p> <p><b>Chess Club (M)</b> 1-3PM</p> <p><b>PEDRO – (M)</b> 1-3:30 (12/5)</p> <p><b>12/5: Book Club</b> 1-2PM (Capitola Library)</p> <p><b>12/12: 90's Club (M)</b> 1PM</p> <p><b>12/19: Board Mtg (A)</b> 10-12PM; <b>General Meeting 12-12:30</b> <b>Special Speaker 1:00PM –</b> Emma Shiveley, Travel Advisor, AAA Birthday Cake to Follow</p> <p><b>12/26 Center Closed for Christmas!</b> <b>FRIDAY NIGHT DANCE</b> <b>7-9PM</b> (See back for details)</p>	<p><b>Garden Workday (12/6 1st Sat)</b> <b>8:45AM Mtg Only</b></p>  <p><b>Holiday Craft Sale</b> <b>12/6 10-3</b></p>  <p><b>Blood Drive (M)</b> 9:00-2:00PM (12/20) <i>Pre-Register with Red Cross</i></p> <p><b>Japanese Flower Arranging (A)</b> 10-12PM <i>2<sup>nd</sup></i> <i>Saturday (12/13) Pre-register w/Instr.</i></p> <p><b>West Coast Swing Dance</b> Lessons 6:30-8PM Open Dance 8-11PM <i>3rd Saturday (12/20)</i></p> <p><b>Birthday Dance</b> <b>10 O'clock Lunch Band</b> 7-9PM \$10 (12/27)</p>	<p><b>Annex – Rental until 1:00PM</b> (every Sunday)</p>  <p><b>Sunday Waltz (M)</b> 3-4PM Lesson 4-5PM Dance (Sunday 12/14)</p> <p><b>MCSC Choraliers Present:</b> <b>It's A Wonderful Rock &amp; Roll Winter, Baby!</b></p>  <p><b>Sunday 12/21 2PM</b> <b>\$10/Adults, \$5 Children</b></p>

# MCSC ACTIVITY LEADERS

## Activity Committee Leader

Mari Segura (831) 818-6090

## Art Class : Creative Expression

Cindy Kaskey (831) 713-8442

## Backgammon

Pat McVeigh (831) 566-4553

## Balboa Swing Dance Lessons

Jeff Clark (408) 591-5996

## Bingo

Nancy Prevedelli,

(831) 476-0416

Vicky Howell, (831) 345-6374

## Book Club

Cookie Sherman (831) 477-9492

## Bridge for Fun

Tom Motter (801) 510-5836

## Canasta

Bella Hughes, (831) 688-7147

## Chinese Mah Jong

Bella Hughes, (831) 688-7147

## Chess

Rose Dyson, (310) 430-5708

## Choraliers

Wanda Kocina, (831) 331-5822

Terri Lesniak, (831) 421-1237

Jeremy Griffey, (831) 462-6360

Nancy Maley, (408) 489-3892

## Country Dance

### Lessons, Beginner

Michael Lew, (831) 688-7486

## Crafters

Linda Herring (831) 251-3250

Sharon Caredio (831) 588-3850

## Dances

Gertie Johnson, (831) 475-9280

## Duplicate Bridge

Joe Nussbaum, 722-8911(Th grp)

Sherry Gilbreath, 438-7222(M grp)

## E.C. Swing Lessons

Bob Folker, (831) 297-3246

## Free Fun Friday

Tony Alonzo, (831) 818-8712

## Gentle Yoga on Matts

Janie Stone, (650) 868-8235

## Garden

Curt Jewel, (831) 227-9974

## Gift Shop

Linda Herring (831) 251-3250

Sharon Caredio (831) 588-3850

## International Folk Dance

Gabriel Swanson, (831) 224-4776

## Improv

Catherine Hampton,

(831) 247-8634

## Japanese Flower Arranging

Marian Monto, (831) 688-1072

## Mah Jongg

Catherine Ellis (831) 332-8974

## Massage

Tony Alonzo (831) 818-8712

## Nineties Club

Ingrid Larsen, (831) 234-9119

## Pedro

JR Roberts, (831) 234-6185

## Photo Club

George Kiernan, (408) 590-8282

## Scrabble

Stephanie Frog (831) 464-8374

## Senior Physical Fitness

Stephanie Golino, (831) 421-2110

## Senior Stretch

Sharon Barth, (831) 247-0190

## Spanish

Carol Power (831) 295-5090

Martha Alcantara (831) 229-3770

## Tech Talk w/Tinka

Tinka Anderson (831) 247-6050

## Ukulele

Gigi Goodwin, (831) 662-8728

## Waltz

Bob Folker, (831) 297-3246

## West Coast Swing Dance

Scott Seimer (408) 416-7490

**WIN** Cindy (831) 234-4950

# COME TO DANCE OR JUST ENJOY THE MUSIC

## Friday Night Dances

(12/5) **BIG SINATRA HOLIDAY SWING PARTY** – Featuring John Michael! 7-9PM, \$10/person

(12/12) **No Dance – Private Rental**

(12/19) **Bay Bop Jazz Band** 7-9PM, \$10/person

**(SATURDAY 12/27) 10 O'clock Lunch Band**, 7-9PM, \$10/person, **East Coast Swing Dance Lessons with Bob Folker** 6:15-6:45PM, Free with entry to dance, otherwise \$10. **HAPPY BIRTHDAY GERTIE AND GEORGE!**

## Other Dances/Lessons

(12/14) **1st Sunday Waltz**, Lesson at 3:00PM, Dance 4-5PM

(12/20) **3RD Saturday Night Dance: West Coast Swing Dance** – 6:30-11pm. \$15/person, \$10 for students with Student Body Card. Beginner Lessons 6:30-7, Inter/Adv Lessons 7-8pm, Open dance 8-11PM

## Weekday Dances & Lessons

**Mondays – Country Line Dance Lessons** 5-6PM, \$5/person

**Tuesdays – Swing Dance Lessons** Balboa swing dance instruction resumes. All level classes catering to individual needs **6 - 7:15pm. Open practica** with Bal tempo music from **7:15 - 8:30pm.**

**Thursdays - International Folk Dance** 10:30am-12:00pm, \$4

## 10 o'Clock Lunch Band



Join us in Celebrating  
George & Gertie's Birthdays  
**SATURDAY 12/28 Dance!**