

Mid-County Senior Center

829 Bay Ave

Capitola, CA 95010

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Friendly reminder–Renew
your annual dues on the
date shown above your
name on your address label



BINGO

EVERY TUESDAY 1:00-3:30

Doors open at 12:15

Bingo Pad, \$10 – Win up to \$100!

Additional pads \$8, ½ Pad alone \$6

½ Pad with Full Pad, \$4,

.50 Cent Pull Tabs, Multiple \$250 Winners!

Hot dogs, Chili, Chips and Soda available for purchase

Must be over 18 to play. Open to the public, Doors open at 12:15



THE MID-COUNTY SENIOR CENTER IS A MEMBER OWNED, SELF SUPPORTING, NON-PROFIT ORGANIZATION
DEDICATED TO PROVIDING SOCIAL, RECREATIONAL, EDUCATIONAL AND HEALTHLY LIFESTYLE ACTIVITIES FOR SENIORS.

OPEN TO THE PUBLIC • ALL PROCEEDS BENEFIT MCSC • MCSC-CAPITOLA.ORG • VOLUME 60, NO. 10

Dear Members,

“Democracy is government of the people, by the people, for the people” Abraham Lincoln. These words also apply to us, the Mid-County Senior Center members. I would once again like to invite all members to be involved in the democratic process of nominating and electing members to our Board of Directors. All positions are open for nomination so please make your voice heard at the October General Meeting on October 17. The positions are President, 1st Vice President. 2nd Vice President, Recording Secretary, and Treasurer. The duties of each position are as follows:

DUTIES OF THE PRESIDENT

The President will preside at all meetings of the Board of Directors and at all Members Meetings, will, with the approval of the Board of Directors, appoint chairpersons of all Standing Committees and Special Committees; will countersign all checks for payment of approved bills; will sign all documents on behalf of the Corporation as authorized by the Board and/or Members; will act as ex officio member and advisor of all Committees other than the Nominating Committee. The President will exercise general supervision of the activities of the Corporation and of the coordinator and other employees.

DUTIES OF THE VICE PRESIDENTS

The Vice Presidents in their order will, in the absence of the President, perform his/her duties, including countersigning all approved checks and carry out such other duties as authorized by the Board of Directors.

DUTIES OF THE RECORDING SECRETARY

The Recording Secretary will keep accurate minutes of the Meetings of the Board of Directors, and of The General Membership Meetings. He/she will keep a list of the Chairpersons of Standing and Special Committees and Activity Chairpersons. The Recording Secretary will maintain the binder of all board meeting minutes and add motions passed at the board meeting to the monthly newsletter. A copy of the full board minutes will be posted on the members' bulletin board. The Recording Secretary will maintain the list of standing rules voted on in the board meetings during his/her term. The standing rules will be stored in the Bylaws folder in the office. The Recording Secretary should distribute the board meeting minutes to all board members within two (2) weeks following the meeting.

DUTIES OF THE TREASURER

A. The Treasurer will see that all money for the Corporation is properly recorded and accounted for, and that it is deposited in the proper accounts as approved by the Board of Directors. The Treasurer will also report to the Board any serious deviations from the annual budget.

B. The Treasurer will make monthly and annual reports to both the Board of Directors and the General Membership. The Treasurer will see that all bills to the Corporation (after proper documentation and approval) are paid.

C. The Treasurer will maintain credit card(s) for the Corporation, which can be used by him/her to automate bill payments or for online payments as required. The Treasurer will be a member of the Finance Committee, Activity/Events, and the Building, Property & Technology Committee.

In addition to the Executive Board there are three Directors at Large who are also elected by the membership.

Curt Jewell, President





BRICK ORDERS

Be part of something lasting! By purchasing a commemorative brick, you're not only supporting MCSC, but also creating a permanent tribute that will be enjoyed for generations. Your personalized brick can celebrate a loved one, honor a milestone, or showcase your pride in our community. Bricks can be installed at MCSC serving as a lasting reminder of the people and families who make our community strong OR can be taken home to install as you wish. **Commemorative Bricks are \$100.** You can personalize with a lovely note/ unique symbol to honor your loved ones! Please place your order directly with Ana. **All brick orders will be processed within 48hrs ☺**

A Heartfelt Thank You to Our Newsletter Folding Volunteers

To our amazing newsletter folding team,

I'd like to extend my deepest gratitude for the time, care, and effort you put into helping get our newsletters into the hands of our community. What may seem like a simple task—folding, stuffing, sealing, sorting—is a vital part of keeping our communication strong and our community connected. And thanks to your dedication, everything goes out smoothly, accurately, and on time. Your attention to detail, patience, and teamwork don't go unnoticed. You turn stacks of paper into powerful tools for connection—and you do it all with a smile.

Thank you for being the quiet champions behind the scenes. I appreciate you more than words can say!

With Love & Gratitude,

Ana Alvarez - MCSC Coordinator



BOWMAN RANCH BREAKFAST

Sunday – October 26, 2025
8:30am – NOON

\$15/ Adults - \$5/ Kids (ages 10 & Under)

OPTION#1

Scrambled Eggs w/ Cheese or Veggies,
Hashbrowns, Bacon or Sausage, Fruit
ALL YOU CAN EAT PANCAKES

OPTION#2

French Toast, Bacon or Sausage & Fruit



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HONORA ROBERTSON
Broker/Owner

As a 4th generation Santa Cruzan and having been in real estate for 40+ years, I believe in giving my clients "Golden Rule Service". Whether you are thinking of selling or buying, contact me for a free consultation to discuss the market and your goals for the future in real estate!



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Award-Winning Mexican Cuisine

45 Years of exotic moles & sauces, flavorful enchiladas, tacos, & more, in an accessible, intimate, warm, & homey setting.



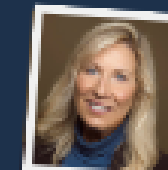
Retire With Greater Financial Flexibility



- ✓ Pay off your existing mortgage to eliminate your monthly payments¹
- ✓ Get additional income tax-free² cash to use for what matters most
- ✓ Continue to own your home just like a traditional mortgage¹

¹ You must meet your loan obligations, keeping current with property taxes, homeowners insurance, and home maintenance.

Contact me to see how a reverse mortgage could help you retire with confidence!



I'm local!

Brooke Squyres

Reverse Mortgage Consultant
NMLS #1488020
(831) 840-6505
bsquyres@longbridge-financial.com

² Consult a financial advisor and appropriate government agencies for any effect on taxes or government benefits. Licensed by the California Department of Financial Protection and Innovation under the California Residential Mortgage Lending Act. Loans made or arranged pursuant to a California Financing Law license. For California consumers: For information about our privacy practices, please visit www.longbridge-financial.com/privacy. Branch Office: 3700 Hardin Way, Soquel, CA 95073. Branch NMLS #2388833. This material has not been reviewed, approved or issued by HUD, FHA or any government agency. The company is not affiliated with or acting on behalf of or at the direction of HUD/FHA or any other government agency. ©2025 Longbridge Financial, LLC NMLS# 957933, 81 South Paramus Road, Suite 500, Paramus, NJ 07652. 1-855-923-4326. For licensing information, go to www.nmlsconsumerscore.org. For additional Longbridge licensing and disclosures, please visit longbridge-financial.com/licensing. Not all products and options are available in all states. Terms subject to change without notice. Certain conditions and fees apply. This is not a loan commitment. All loans subject to approval.

HAIR BY MARIE

Perm includes Cut - \$85

Hair Cut includes Shampoo - \$50

Shampoo, Curl & Iron - \$45

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The following motions were approved at the
September 19, 2025 Board Meeting:

* Motion: Approve “Massage Fundraiser for MCSC Solar” a 15-minute clothed massage session for \$15. Time can be increased up to 30-minutes for one dollar for each additional minute. All proceeds will be added to the solar fund. Submitted by Marilyn C.; seconded by Cindy. Unanimous approval.

* Motion: Approve new activity “Walk to the Beach” a casual guided walk from MCSC to the village and back. Submitted by Tony, seconded by Marilyn C., Unanimous approval.

Submitted by Recording Secretary - Marilyn Jessup

90' CLUB



Celebrating being 90 is no small feat! 🎉 Whether it's for you or someone you love, turning 90 deserves to be honored with joy, gratitude, and celebration. We get together to engage in conversation; share stories & smiles!! **Come join us on Friday - October 10, 2025 at 1-3 PM** for a VERY SPECIAL

Italian day featuring a movie called Uncle Nino. Our hosts: Ingrid, Martha & Carol will be serving spaghetti, breadsticks, green salad + dessert ... we look forward to seeing you then!!!



Fri. Oct. 17, 7-9PM
Bay Bop Band
FREE Bossa Nova Class
Included with \$10
entrance fee
starting @ 6:00PM
with Dave Harzog

Board of Directors

President: Curt Jewell, (831) 227-9974
1st Vice President: Bella Hughes
(831) 566-1474
2nd Vice President: Teri Mantz
(831) 588-3700
Treasurer: Cindy Kiernan,
(831) 428-9875
Recording Secretary: Marilyn Jessup,
(831) 818-0593
Corresponding Secretary:
Vicky Howell, (831) 345-6374

Directors at Large

Tony Alonzo, (831) 818-8712
Marilyn Carter, (831) 239-3038
Nancy Prevedelli, (831) 476-0416
Donna Fernandez, (831) 426-2827
Past President: Debbie Sheehan,
(949) 633-7222

Committee Chairs

Activities & Events: Mari Segura
(831) 818-6090
Publicity: Bella Hughes
(831) 566-1474
Building & Property, Garden, & Technology
Curt Jewell, (831) 227-9974
Bylaws, Finance & Personnel
Cindy Kiernan, (831) 428-9875
Membership: Marilyn Jessup (831) 818-0593

Departments

Coordinator: Ana Alvarez (831) 476-4711
Librarian: Elke Maus: (831) 464-8983
Newsletter: Ana Alvarez
Receptionist: Ana Alvarez



Sunshine Committee:

Nancy Prevedelli (831) 476-4711

At MCSC, the members, volunteers and staff are important and are treated equitably and professionally.

Board of Directors, General Meeting minutes and financial statements are available upon request through the President, Curt Jewell.



Arthur	Faygenholtz
CC	Campbell
Cindee	Sorensen
Debbie	Spotts
Diane	Scofield
Frank	May
Ginger	Anderson
Jackie	McKee
Jamie	Godla
Janet	Duncan
Janice	Weaver
Margarita	Dreyer
Michele	Huesties
Myra	Boyd
Rebecca	Raney
Robert	Dunn
Robert	McKee
Robert	Szemeredi
Susan	Szemeredi
Terry	Webster
Yelena	Vogman

TOTAL MCSC MEMBERS 567



CELEBRATE YOUR BIRTHDAY
MONTH WITH US !!

To celebrate the members having birthdays
the Board will host a cake party on
Friday – October 17, @ 1PM



MESSAGE FUNDRAISER
for MCSC SOLAR!



Get ready to relax for a great cause! We’re thrilled to announce a Massage Fundraiser for MCSC Solar. Treat yourself to a 15-minute clothed massage with Susan Ray or Tony Alonzo for only \$15—and know that every dollar goes directly to support MCSC’s solar project. It’s self-care that gives back!

We’re kicking things off with our first class at 9:30 AM on Monday, October 6, 2025, in the main room, an introductory session where we’ll talk about the how, what, where, and why of this inspiring program. Proposed future classes will be held Mondays, so mark your calendars and bring a friend. Come join us, recharge your body, and help bring solar power to MCSC. Together, a little relaxation can make a big difference!



Art	Landacre
Audrey	Coad
Barbara	Denton
Beth	Powanda
Cecille	Fortun
Cherry	Maurer
Cindee	Sorensen
Colleen	Sloan
Dale	Whyte
Debbie	Spotts
Delia	Lopez
Diane	Castle
Donna	Cerio
Elena	Laborde-Bishop
Eliot	Guernsey
Genie	Boaz
Geri	Hancock
Greenwell	Seger
Gypsy	Senee
Heather	Haggerty
Hsiu-Li	Cheng
Jamie	Godla
Jana	Fairbairn
Jill	Devaughn
Judi	Novik
Judy	Cameron
Kalman	Weinfeld
Karen	Belick
Kimberly	Blake
Kimberly	Frey
Lamar	Spalding
Linda	Capdepon
Margaret	Ware
Marilyn	Carter
Marilyn	White
Michael	Lew
Michael	Maloney
Michele	Harris
Michele	Huesties
Nadya	Dinolova
Nancy	Cantwell
Nancy	Maley
Olive S.	Tarkington
Pam	Bryan
Risa	Lower
Sally	Silva
Sandy	Allen
Shanta	Shenoy
Shea Shaunna	Egling
Tom	Knott
Valerie	Kindell
Vicky	Howell



ACTIVITY NOTES

BINGO

Tuesdays - BEST Game in Town!
Doors & Snack bar opens at 12:15. Game starts at 1:00 PM.

CARDS & BOARD GAMES

Bridge for Fun: Thu 12-3PM

Duplicate Bridge: Mon/Thu 11AM



Backgammon: Monday 12-2PM

Canasta: Hand & Foot

Mondays & Thursdays

12:30-3:30PM

Mah Jongg: - Fri at Noon in the Annex.

Chinese Mah Jongg

Wed 12:30-3:30PM in the Main

Room. BEGINNERS WELCOME!

Scrabble: Wed -12:30 PM.

PEDRO – Every 1st Friday of the month 1- 3:30 PM

CHORALIERS

PERFORMING ARTS

Practice for our 3 times per year live performances – includes singing, dancing, costuming, choreography, and set decoration. Tue 9:30 AM for vocal rehearsals, and dance practice on Thurs 8:45 AM

CLUBS

Book Club: Meets 1st Fri at Capitola Library at 10:30 AM.

Chess Club: Fri 1:00PM

Photo Club: Wed 1-3PM in the Annex. Come join us & learn how to take better photos.

Ukulele Jam Club: All skill levels are welcome. Other instruments are welcome too - Come jam with us and have fun. Fri 10am.

DANCES



[See calendar for all details!!!](#)



EXERCISE & FITNESS

Sr. Physical Fitness – All levels welcome. Wed at 9:30

Senior Stretch – Fridays at 9am. We work the whole body in a fun way!

Gentle Yoga on mats –

Mondays, 9:00-10:15am

WIN – Fridays – 8:45 in the annex for weight information

International Folk Dance

Thursdays, 10-noon (M)

JAPANESE FLOWER

ARRANGING : 2nd

Saturday 10/11 in the Annex 10-12PM

SPANISH – Fridays

10:30-12:00 (M)

IMPROV Class

1st & 3rd Wednesday (A)

10.30-12PM 10/1 Canceled

90's CLUB

2nd Friday of the month (M)

ATTENTION



LINE
DANCING
CANCELED
FROM
AUGUST 25
UNTIL
OCTOBER 20,
2025



GARDEN UPDATE

We are so excited about the Garden and Craft Fair on October 4th. We hope everyone will come out and support us. Gardeners, we are so grateful for all the time you have volunteered in pulling together such a great event. The workday was done in September, so no further workdays in October. If you are behind on hours, please get with your district rep as quickly as possible.

Nominations for the 2026 Garden Committee will be coming in November. If you are interested in any position, please let Curt know. All positions are available. We can not keep a functioning garden without volunteers. Please consider running for one of these positions.

How do you
repair a broken
jack-o'-lantern?
Use a pumpkin patch.



RD



FALL GARDEN SALE
& CRAFT FAIR
Sat. October 4, 2025
9AM-2PM

Artisans: Lavender Products, Ceramics, Candles, crochet Gifts 'Upcycle Tins', Driftwood, Succulents and Much more!

From the Garden: Fresh Bouquets, Winter Starts, Organic Veggies, Pumpkins

Just for Fun: Art for Kids, Tour the Gardens or Buy a Scarecrow.



BBQ & Snacks Available for Sale

Mid-County Senior Center
829 Bay Ave • Capitola, CA 95010 • 831-476-4711
mcsc-capitola.org

GIFT SHOP UPDATE

The students at the Oshibana card making class spent a relaxing afternoon creating unique beautiful cards using dried flowers, watercolors and colored paper. You can see photos of the class on our MCSC website.

Registration is now open for the Oshibana Holiday Card Making Workshop on Saturday, November 15, @ 1-4pm.

Cost for all materials and instruction is \$25.

Registration is now open for the Birdhouse Workshop on Saturday, November 8, @ 1-4pm.

Cost for all materials and instruction is \$35.

MCSC Photo Club

October 2025 Schedule



October 1st – 312 Elements 102

October 8th – Field Trip (TBD)

October 15th – 313 Elements 103

October 22nd – 533 Elements – PhotoMerge

October 29th – 534 Elements



STICK YOGA w/
ARTHUR FAYGENHOLTZ

* FREE FRIDAY *

OCTOBER 24, 2025 1-2:30PM



Ukulele

September was a busy month with many new faces joining us! We welcomed Jack with his Irish drum to help keep the beat. Michael & his friends have been working on updating our song book. More info on that in the near future. The good news is that the proofs for our memorial bricks have arrived & we should be able to make our dedications pretty soon . It's hard to believe, but we are approaching the holiday season. I hear sleigh bells in the distance. If you would like to join in our musical festivities, come play with us and share the ALOHA spirit.

Gardeners Crafting Scarecrows

