


Class fees are \$4 for MCSC members \$6 for non-members, unless otherwise noted. Exact change and small bills are appreciated!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<p>Gentle Yoga on Mats (A) 9:00-10:30AM</p> <p>Qigong 10:00-11:00</p> <p>Party Bridge 11:00-3:00PM</p>  <p>Duplicate Bridge (A) 10:50-3:00PM</p> <p>** New **</p> <p>Backgammon 12-3PM</p> <p>Canasta Hand & Foot 12:30-3:30PM</p> <p>Country Line Dance Lessons. Beginners. 5:00-6:00 PM \$5</p>	<p>Choraliers (M+A) 9:30-12:00PM</p>  <p>BINGO! 1:00-3:30PM <i>Lunch for purchase</i></p> <p>Memoirs & More Writing Wkshp (A) 1:00-3:30PM (05/06, 05/27)</p> <p>Swing Dance Lessons: Balboa swing dance instruction. All level classes catering to individual needs 6 - 7:15pm. Open practica with Bal tempo music from 7:15 - 8:30pm.</p> <div style="border: 1px solid black; padding: 5px; margin-top: 10px;"> <p>Publicity Meeting (05/20) 3:00PM</p> </div>	<p>Textile Group (A) 9-1PM <i>(Rental 05/14 Only)</i></p> <p>Improv 10:30-12PM (A) <i>1st & 3rd Weds</i></p> <p>Senior Physical Fitness. 9:30-10:30AM (M)</p> <p>Chinese Mah Jongg 12:30-3:30PM</p> <p>Scrabble 12:30-3:00PM</p> <p>Photo Club (A) 1:00-3:00PM <i>2nd Weds = Field Trip</i></p> <div style="border: 1px solid black; padding: 5px; margin-top: 10px;"> <p>Receptionist Meeting (05/14) 3:00PM</p> </div> <div style="border: 1px solid black; padding: 5px; margin-top: 10px;"> <p>MCSC NEWSLETTER FOLD (05/28) 8:30-Noon</p> </div>	<p>Choraliers Dance (M+A) 8:45-10:30AM</p> <p>International Folk Dance 10:30-12:00PM</p> <p>Duplicate Bridge (A) 10:50-3:00PM</p> <p>The Crafters 11:30-2:30PM</p>  <p>Bridge for Fun 12:00-3:00PM</p> <p>**New**</p> <p>Backgammon 12:00-3:00PM</p> <p>Canasta Hand & Foot 12:30-3:30PM</p> <p>Band Practice 3-5:30PM (5/22 Only)</p>	<p>Grey Bears Brown Bag 8:30-10:00AM</p> <p>WIN (A) 8:45-9:45AM</p> <p>Senior Stretch 9-10AM</p> <p>Ukulele 10:00-11:00AM <i>(A except 3rd Fri in M)</i></p> <p>Tech Talk w/Tinka (A) 11-1PM (5/30)</p> <p>Spanish 11:30-12:30 <i>(No Class 3rd Fri)</i></p> <p>American Mah Jong (A) 12:00-3:45PM</p> <p>Chess Club (M) 1-3PM</p> <p>1st Friday (5/2)</p> <p>Book Club 1-2PM (meets at the Capitola Library)</p> <p>(M) Pedro 1-3:45PM</p> <div style="border: 1px solid black; padding: 5px; margin-top: 10px;"> <p>3rd Friday (5/16): 10-12 Board Mtg (A) 12:30 TBD Birthday Cake to follow Special Speaker</p>  </div> <p>4th Friday (5/23) (M): Free Fun Friday 1-3PM</p>	<p>Garden Workday (5/3) 8:45AM</p> <p>Garden Sale & Craft Festival (5/10) 9AM-2PM</p>  <p>West Coast Swing Dance 3rd Saturday (5/17) Lessons 6:30-8PM Open Dance 8-11PM</p>	<p>Annex – Rental until 1:00PM (every Sunday)</p> <p>1st Sun Waltz (5/4) 3-4PM Lesson 4-5PM Dance <i>(1st Sunday)</i></p> <p>Bowman Ranch Breakfast (5/25) 8:30-Noon \$15/Adults \$5/Kids age 10 & under</p> 

MCSC ACTIVITY LEADERS

Activity Committee Leader

Mari Segura (831) 818-6090

Backgammon

Pat McVeigh 831-566-4553

Balboa Swing Dance Lessons

Jeff Clark (408) 591-5996

Bingo

Nancy Prevedelli,

(831) 476-0416

Vicky Howell, (831) 345-6374

Book Club

Cookie Sherman (831) 477-9492

Bridge for Fun

Tom Motter (801) 510-5836

Canasta

Bella Hughes, (831) 688-7147

Chinese Mah Jong

Bella Hughes, (831) 688-7147

Chess

Rose Dyson, (310) 430-5708

Choraliars

Wanda Kocina, (831) 331-5822

Terri Lesniak, (831) 421-1237

Jeremy Griffey, (831) 462-6360

Nancy Maley, (408) 489-3892

Cindy Kiernan, (831) 428-9875

Country Dance

Lessons, Beginner

Michael Lew, (831) 688-7486

Crafters

Linda Herring (831) 251-3250

Sharon Caredio (831) 588-3850

Dances

Gertie Johnson, (831) 475-9280

Duplicate Bridge

Joe Nussbaum, 722-8911(Th grp)

Sherry Gilbreath, 438-7222(M grp)

E.C. Swing Lessons

Bob Folker, (831) 297-3246

Free Fun Friday

Tony Alonzo, (831) 818-8712

Gentle Yoga on Matts

Janie Stone, (650) 868-8235

Garden

Curt Jewel, (831) 227-9974

Gift Shop

Linda Herring (831) 251-3250

Sharon Caredio (831) 588-3850

International Folk Dance

Gabriel Swanson, (831) 224-4776

Improv

Catherine Hampton, (831) 247-8634

Japanese Flower Arranging

Marian Monto, (831) 688-1072

Mah Jongg

Kelly Gibson, (831) 427-2631

Memoirs & More – Writing Workshop

Mark Bradlyn (831) 295-7314

Nineties Club –

Ingrid Larsen, (831) 234-9119

Party Bridge

TBD

Pedro

JR Roberts, (831) 234-6185

Photo Club

George Kiernan, (408) 590-8282

Qi-Gong

Jim Weaver (831) 421-1967

Scrabble

Stephanie Frog 464-8374

Senior Physical Fitness

Stephanie Golino, (831) 421-2110

Senior Stretch

Sharon Barth, (831) 247-0190

Spanish

Tony Alonzo (831) 818-8712

Tech Talk w/Tinka

Tinka Anderson (831) 247-6060

Ukulele

Gigi Goodwin, (831) 662-8728

Waltz

Bob Folker, (831) 297-3246

West Coast Swing Dance

Scott Seimer (408) 416-7490

WIN Cindy (831) 234-4950

COME TO DANCE OR JUST ENJOY THE MUSIC



Stormin' Norman & The Cyclones

Friday Night Dances

(5/2) Bay Bop Jazz Band 7-9PM, \$10/person.

(5/9) Country Feeling Band 7-9PM, \$10/person; Line Dance Lessons W/Shanta 6:00-7PM, Free with entry to dance, otherwise \$10

(5/16) Chicago Bill & the Next Blues Band 7-9PM, \$10/person

(5/23) 10 O'clock Lunch Band, 7-9PM, \$10/person, East Coast Swing Dance Lessons with Bob Folker 6:15-6:45PM, Free with entry to dance, otherwise \$10.

(5/30) Stormin' Norman and the Cyclones, 7-9PM, \$10/person

Other Dances

(5/4) 1st Sunday Waltz, Lesson at 3:00PM, Dance 4-5PM

(5/17) 3RD Saturday Night Dance: West Coast Swing Dance – 6:30-11pm. \$15/person, \$10 for students with Student Body Card. Beginner Lessons 6:30-7, Inter/Adv Lessons 7-8pm, Open dance 8-11PM

Weekday Dances & Lessons

Monday - Country Line Dance Lessons for Beginners. 5-6:00pm, \$5

Tuesdays – Swing Dance Lessons Balboa swing dance instruction resumes. All level classes catering to individual needs 6 - 7:15pm. Open practica with Bal tempo music from 7:15 - 8:30pm.

Thursdays - International Folk Dance 10:30am-12:00pm, \$4