





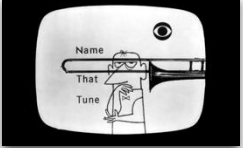



Class fees are \$4 for MCSC members \$6 for non-members, unless otherwise noted. Exact change and small bills are appreciated!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<p>Gentle Yoga on Mats (A) 9:00-10:30AM</p> <p>Qigong 10:00-11:00</p> <p>Party Bridge 11:00-3:00PM</p>  <p>Duplicate Bridge (A) 10:50-3:00PM</p> <p>Canasta Hand & Foot 12:30-3:30PM</p> <p>Country Line Dance Lessons. Beginners. 5:00-6:00 PM \$5 <i>(No Class on 4/7)</i></p>	<p>Choraliers (M+A) 9:30-12:00PM</p>  <p>BINGO! 1:00-3:30PM <i>Lunch for purchase</i></p> <p>Memoirs & More Writing Wkshp (A) 1:00-3:30PM (04/01, 04/15, 04/29)</p> <p>Swing Dance Lessons: Balboa swing dance instruction resumes 4/8/25. All level classes catering to individual needs 6 - 7:15pm. Open practica with Bal tempo music from 7:15 - 8:30pm.</p> <div style="border: 1px solid black; padding: 5px; margin-top: 10px;"> <p>MCSC NEWSLETTER FOLD (04/28) 8:30-Noon</p> </div> <div style="border: 1px solid black; padding: 5px; margin-top: 10px;"> <p>Publicity Meeting (04/22) 3:00PM</p> </div>	<p>Project Scout (A) 9:00-11:30</p> <p>Textile Group (A) 9-1PM <i>(Rental 04/09 Only)</i></p> <p>Improv 10:30-12PM (M) <i>1st & 3rd Weds</i></p> <p>Senior Physical Fitness. 9:30-10:30AM (M)</p> <p>Chinese Mah Jongg 12:30-3:30PM</p> <p>Scrabble 12:30-3:00PM</p> <p>Photo Club (A) 1:00-3:00PM <i>2nd Weds = Field Trip</i></p> <div style="border: 1px solid black; padding: 5px; margin-top: 10px;"> <p>Membership Committee Mtg (04/09) 3:30PM</p> </div> <div style="border: 1px solid black; padding: 5px; margin-top: 10px;"> <p>Receptionist Meeting (04/16) 10:00AM</p> </div>	<p>Choraliers Dance (M+A) 8:45-10:30AM</p> <p>International Folk Dance 10:30-12:00PM</p> <p>Duplicate Bridge (A) 10:50-3:00PM</p> <p>The Crafters 11:30-2:30PM</p>  <p>Bridge for Fun 12:00-3:00PM</p> <p>Canasta Hand & Foot 12:30-3:30PM</p> <p>Band Practice 3-5:30PM <i>(4/24 Only)</i></p>	<p>Grey Bears Brown Bag 8:30-10:00AM</p> <p>WIN (A) 8:45-9:45AM</p> <p>Senior Stretch 9-10AM</p> <p>Ukulele 10:00-11:00AM <i>(A except 3rd Fri in M)</i></p> <p>Tech Talk w/Tinka (A) 11-1PM <i>(4/11 & 4/25)</i></p> <p>Spanish 11:30-12:30 <i>(No Class 3rd Fri)</i></p> <p>American Mah Jong (A) 12:00-3:45PM</p> <p>Chess Club (M) 1-3PM <i>1st Friday (4/04) (M) Pedro 1-3:45PM</i> <i>2nd Friday (4/11) (M): 90's Club 1PM</i></p> <div style="border: 1px solid black; padding: 5px; margin-top: 10px;"> <p><i>3rd Friday (4/18):</i> 10-12 Board Mtg (A) 12:30 6 Step Mediterranean Makeover – Elizabeth Borelli Birthday Cake to follow Special Speaker</p>  </div> <p><i>4th Friday (4/25) (M):</i> Free Fun Friday 1-3PM</p>	<p>Garden Workday (4/5) 8:45 AM</p> <p>Japanese Flower Arranging (A) (4/12) 2nd Saturday 10-12PM -</p>  <p>Build a Birdhouse Workshop (4/12) 1-4PM (A)</p>  <p>(4/19) 9-2PM <i>Please make appts with the Red Cross</i></p> <p>West Coast Swing Dance 3rd Saturday (4/19) Lessons 6:30-8PM Open Dance 8-11PM</p>	<p>Annex – Rental until 1:00PM <i>(every Sunday)</i></p> <p>1st Sun Waltz (4/6) 3-4PM Lesson 4-5PM Dance <i>(1st Sunday)</i></p>  <p>Choraliers Show Name That Tune-2 (4/13) 2:00PM <i>\$10/Adults</i></p>  <p>Bowman Ranch Breakfast (4/27) 8:30-Noon \$15/Adults \$5/Kids age 10 & under</p>

MCSC ACTIVITY LEADERS

Activity Committee Leader
Mari Segura (831) 818-6090

Balboa Swing Dance Lessons
Jeff Clark (408) 591-5996

Bingo
Nancy Prevedelli,
(831) 476-0416
Vicky Howell, (831) 345-6374

Book Club
Cookie Sherman (831) 477-9492

Bridge for Fun
Tom Motter (801) 510-5836

Canasta
Bella Hughes, (831) 688-7147

Chinese Mah Jong
Bella Hughes, (831) 688-7147

Chess
Rose Dyson, (310) 430-5708

Choraliars
Wanda Kocina, (831) 331-5822
Terri Lesniak, (831) 421-1237
Jeremy Griffey, (831) 462-6360
Nancy Maley, (408) 489-3892
Cindy Kiernan, (831) 428-9875

Country Dance Lessons, Beginner
Michael Lew, (831) 688-7486

Crafters
Linda Herring (831) 251-3250
Sharon Caredio (831) 588-3850

Dances
Gertie Johnson, (831) 475-9280

Duplicate Bridge
Joe Nussbaum, 722-8911(Th grp)
Sherry Gilbreath, 438-7222(M grp)

E.C. Swing Lessons
Bob Folker, (831) 297-3246

Free Fun Friday
Tony Alonzo, (831) 818-8712

Gentle Yoga on Matts
Janie Stone, (650) 868-8235

Garden
Curt Jewel, (831) 227-9974

Gift Shop
Linda Herring (831) 251-3250
Sharon Caredio (831) 588-3850

International Folk Dance
Gabriel Swanson, (831) 224-4776

Improv
Catherine Hampton, (831) 247-8634

Japanese Flower Arranging
Marian Monto, (831) 688-1072

Mah Jongg
Kelly Gibson, (831) 427-2631

Memoirs & More – Writing Workshop
Mark Bradlyn (831) 295-7314

Nineties Club –
Ingrid Larsen, (831) 234-9119

Party Bridge
TBD

Pedro
JR Roberts, (831) 234-6185

Photo Club
George Kiernan, (408) 590-8282

Qi-Gong
Jim Weaver (831) 421-1967

Scrabble
Stephanie Frog 464-8374

Senior Physical Fitness
Stephanie Golino, (831) 421-2110

Senior Stretch
Sharon Barth, (831) 247-0190

Spanish
Tony Alonzo (831) 818-8712

Tech Talk w/Tinka
Tinka Anderson (831) 247-6060

Ukulele
Gigi Goodwin, (831) 662-8728

Waltz
Bob Folker, (831) 297-3246

West Coast Swing Dance
Scott Seimer (408) 416-7490

WIN Cindy (831) 234-4950

COME TO DANCE OR JUST ENJOY THE MUSIC

BRADLEY'S Big Swing Party

FEATURING
LORI RIVERA VOCALS
BRAD HECHT TENOR SAX
NELSEN HUTCHISON GUITAR
CHRIS CHARMAN BASS
BEN SIBLY DRUMS

FRIDAY
APRIL 4, 2025
\$10 COVER
MID-COUNTY SENIOR CENTER 7-9PM
829 BAY AVENUE CAPITOLA, CA 95010 (OFF BAY AVE, BEHIND THE PARTY STORE)

Friday Night Dances

(4/4) **Bradley's Big Swing Party** featuring **Lori Rivera Vocals**: 7-9PM, \$10/person.

(4/11) **Country Feeling Band** 7-9PM, \$10/person; **Line Dance Lessons W/Shanta** 6:00-7PM, Free with entry to dance, otherwise \$10

(4/18) **Plateau Jazz Band** 7-9PM, \$10/person

(4/25) **10 O'clock Lunch Band**, 7-9PM, \$10/person, **East Coast Swing Dance Lessons with Bob Folker** 6:15-6:45PM, Free with entry to dance, otherwise \$10.

Other Dances

(4/6) **1st Sunday Waltz**, Lesson at 3:00PM, Dance 4-5PM

(4/19) **3rd Saturday Night Dance: West Coast Swing Dance** – 6:30-11pm. \$15/person, \$10 for students with Student Body Card. Beginner Lessons 6:30-7, Inter/Adv Lessons 7-8pm, Open dance 8-11PM

Weekday Dances & Lessons

Monday - Country Line Dance Lessons for Beginners. 5-6:00pm, \$5

Tuesdays – Swing Dance Lessons Balboa swing dance instruction resumes **4/8/25**. All level classes catering to individual needs **6 - 7:15pm**. **Open practica** with Bal tempo music from **7:15 - 8:30pm**.

Thursdays - International Folk Dance 10:30am-12:00pm, \$4