

# SUNDAY AFTERNOON DANCE



## PLATEAU JAZZ BAND

Our Friday night dances are attracting much attention, especially among bands who want to play for us at MCSC, so we have decided to try doing dances on Sunday afternoon 3 – 5 from time to time to accommodate the demand and reach out to those who are no longer comfortable driving after dark. The first Sunday afternoon dance will happen February 16<sup>th</sup> 3 – 5 pm, cost \$10. It will feature the Plateau Jazz Band playing prohibition era jazz. Their music is great to dance to or just come and listen, possibly sing-along. You will recognize a lot of the music, I'm sure. Come early for the dance; there will be a dance lesson for those with a ticket to the dance starting at 2:30PM.

Give it a try and give us your feedback. Music is so good for elevating your mood and socializing with others is also very beneficial to our wellbeing. We'll see you there.

### Mid-County Senior Center

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