

Class fees are \$4 for MCSC members \$6 for non-members, unless otherwise noted. Exact change and small bills are appreciated!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<p>Gentle Yoga on Mats (A) 9:00-10:30AM</p> <p>Qigong 10:00-11:00</p> <p>Party Bridge 11:00-2:30PM <i>We need new Players!</i></p>  <p>Duplicate Bridge (A) 11:00-3:00PM</p> <p>Canasta Hand & Foot 12:30-3:30PM</p> <p>Country Line Dance Lessons. Beginners. 5:00-6:00 PM \$5</p>	<p>Choraliers (M+A) 9:30-12:00PM</p> <p>BINGO! 1:00-3:30PM <i>Lunch for purchase</i></p> <p>Memoirs & More Writing Wkshp (A) 1:00-3:00PM <i>(10/1, 10/15, 10/29)</i></p> <p>Balboa Swing Dance Lessons Beginners. \$10. 6:00 - 7:00PM Intermediate. \$10 7:00 - 8:30PM</p>	<p>Textile Group (A) 9-1PM <i>(Rental 10/9 Only)</i></p> <p>Improv 10:30-12PM (A) <i>1st & 3rd Weds</i></p> <p>Senior Physical Fitness. 9:30-10:30AM (M)</p> <p>Pinocle (M) 10:30AM-12:30PM</p> <p>Chinese Mah Jongg 12:30-3:30PM</p> <p>Scrabble 12:30-3:00PM</p> <p>Photo Club (A) 1:00-3:00PM <i>2nd Weds = Field Trip</i></p> <div style="border: 1px solid black; padding: 5px; margin-top: 10px;"> <p>SPECIAL EVENT: Visiting Nurses Assoc. (10/09) 3:30PM</p> </div> <div style="border: 1px solid black; padding: 5px; margin-top: 10px;"> <p>Membership Meeting (10/9) 3:30PM</p> </div> <div style="border: 1px solid black; padding: 5px; margin-top: 10px;"> <p>Receptionist Meeting (10/16) 3:30PM</p> </div>	<p>Choraliers Dance (M+A) 8:45-10:30AM</p> <p>International Folk Dance 10:30-12:00PM</p> <p>Duplicate Bridge (A) 11:00-3:00PM</p> <p>The Crafters 11:30-2:30PM</p> <p>Bridge for Fun 12:00-3:00PM</p> <p>Canasta Hand & Foot 12:30-3:30PM</p> <div style="text-align: center; margin-top: 20px;">  <p>Halloween (10/31)</p> </div>	<p>Grey Bears Brown Bag 8:30-10:00AM</p> <p>WIN (A) 8:45-9:45AM</p> <p>Senior Stretch 9-10AM</p> <p>Ukulele (A except 3rd Fri) 10:00-11:00AM</p> <p>Basic Spanish 11:30-12:30 <i>(No Class 3rd Fri)</i></p> <p>American Mah Jong (A) 12:00-3:45PM</p> <p>Chess Club (M) 1-3PM</p> <div style="border: 1px solid black; padding: 5px; margin-top: 10px;"> <p>3rd Friday (10/18): 10-12 Board Mtg (A) 12:30-1 General Mtg (M) 1:00-1:30 SPECIAL SPEAKER: Medicare Options – Beth Pawanda</p> <p>**New** Birthday Cake!!  (Following Speaker)</p> </div> <p>4th Friday (10/25) (M): <i>Free Fun Friday</i> 1-3PM</p>	<div style="border: 1px solid black; padding: 5px; margin-bottom: 10px;"> <p>Garden Sale & Craft Festival (10/5) 9AM-2PM <i>Scarecrows In the Garden!</i></p>  </div> <p>Japanese Flower Arranging (A) (10/12) 2nd Saturday 10-12PM <i>Pre-register w/Instr.</i></p> <p>West Coast Swing Dance <i>3rd Saturday (10/19)</i> Lessons 6:30-8PM Open Dance 8-11PM</p> <div style="text-align: center; margin-top: 10px;">  <p>Vote Mobile at MCSC (10/19) 3:30PM-6:30PM</p> </div>	<p>Annex – Rental until 1:00PM (every Sunday)</p> <p>Sun Waltz (10/20) 3-4PM Lesson 4-5PM Dance <i>(3rd Sunday for Oct)</i></p> <p>Bowman Ranch Breakfast (10/27) 8:30-Noon \$11/Adults \$5/Kids age 10 & under</p> <div style="text-align: center; margin-top: 20px;">  </div>
<div style="border: 1px solid black; padding: 5px;"> <p>MCSC NEWSLETTER FOLD & MAIL (10/28) 8:30-Noon</p> </div>	<div style="border: 1px solid black; padding: 5px;"> <p>Publicity Meeting (10/22) 3:00PM</p> </div>					



MCSC ACTIVITY LEADERS

Activity Committee Leader
Casey Hawkins (831) 251-2729

Balboa Swing Dance Lessons
Jeff Clark (408) 591-5996

Bingo
Nancy Prevedelli,
(831) 476-0416
Vicky Howell, (831) 345-6374

Basic Spanish
Tony Alonzo (831) 818-8712

Book Club
Cookie Sherman (831) 477-9492

Bridge for Fun
Tom Motter (801) 510-5836

Canasta
Bella Hughes, (831) 688-7147

Chinese Mah Jong
Bella Hughes, (831) 688-7147

Chess
Rose Dyson, (310) 430-5708

Choraliers
Wanda Kocina, (831) 331-5822
Terri Lesniak, (831) 421-1237
Jeremy Griffey, (831) 462-6360
Nancy Maley, (408) 489-3892
Cindy Kiernan, (831) 428-9875

Country Dance Lessons, Beginner
Michael Lew, (831) 688-7486

Dances
Gertie Johnson, (831) 475-9280

Duplicate Bridge
Joe Nussbaum, 722-8911(Th grp)
Sherry Gilbreath, 438-7222(M grp)

E.C. Swing Lessons
Bob Folker, (831) 297-3246

Free Fun Friday
Tony Alonzo, (831) 818-8712

Gentle Yoga on Mats
Janie Stone, (650) 868-8235

Garden
Curt Jewel, (831) 227-9974

Gift Shop
Casey Hawkins, (831) 251-2729

International Folk Dance
Gabriel Swanson, (831) 224-4776

Improv
Catherine Hampton, (831) 247-8634

Japanese Flower Arranging
Marian Monto, (831) 688-1072

Mah Jongg
Kelly Gibson, (831) 427-2631

Memoirs & More – Writing Workshop
Mark Bradlyn (831) 295-7314

Party Bridge
Marilyn Carter (831) 239-3038

Pedro
JR Roberts, (831) 234-6185

Photo Club
George Kiernan, (408) 590-8282

Pinochle
Michele O'Brien (831) 246-1913

Qi-Gong
Jim Weaver (831) 421-1967

Scrabble
Stephanie Frog 464-8374

Senior Physical Fitness
Stephanie Golino, (831) 421-2110

Senior Stretch
Sharon Barth, (831) 247-0190

Ukulele
Gigi Goodwin, (831) 662-8728

Waltz
Bob Folker, (831) 297-3246

West Coast Swing Dance
Scott Seimer (408) 416-7490

WIN Cindy (831) 234-4950

COME TO DANCE OR JUST ENJOY THE MUSIC

BRADLEY'S
Sinatra Swing Party
Featuring **JOHN MICHAEL**
with **BAIRD MILLER - Guitar**
CHRIS CHARMAN - Bass
BEN SIBLEY - Drums
and host
BRADLEY HECHT - Sax
FRIDAY
OCT. 4
7-9 PM AT MCSC - 829 BAY AVE - CAPITOLA, CA

Friday Night Dances

(10/4) **Bradley's Friday Night – Sinatra Swing Party!!** 7-9PM, \$10/person.

(10/11) **Country Feeling Band** 7-9PM, \$10/person; **Line Dance Lessons W/Shanta** 6:00-7PM, Free with entry to dance, otherwise \$10.

(10/18) **Plateau Jazz**, 7-9PM, \$10/person

(10/25) **10 O'clock Lunch Band**, 7-9PM, \$10/person

HALLOWEEN COSTUME PARTY!!!

Dress Up – There will be prizes!!



Other Dances

(10/6) **1st Sunday Waltz**, Lesson at 3:00PM, Dance 4-5PM

(10/19) **3RD Saturday Night Dance: West Coast Swing Dance** – 6:30-11pm. \$15/person, \$10 for students with Student Body Card. Beginner Lessons 6:30-7, Inter/Adv Lessons 7-8pm, Open dance 8-11PM

Weekday Dances & Lessons

Monday - Country Line Dance Lessons for Beginners. 5-6:00pm, \$5

Tuesdays – Balboa Swing Dance Lessons 7-8:30pm \$10; Beginners class from 6-7pm, \$10.

Thursdays - International Folk Dance 10:30am-12:00pm, \$4

