




*Class fees are \$4 for MCSC members \$6 for non-members, unless otherwise noted. Exact change and small bills are appreciated!*

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<p><b>CLOSED 9/2 FOR LABOR DAY</b></p>  <p><b>Gentle Yoga on Mats (A)</b> 9:00-10:30AM</p> <p><b>Qigong</b> 10:00-11:00</p> <p><b>Party Bridge</b> 11:00-2:30PM <i>We need new Players!</i></p> <p><b>Duplicate Bridge (A)</b> 11:00-3:00PM</p> <p><b>Canasta Hand &amp; Foot</b> 12:30-3:30PM</p> <p><b>Country Line Dance Lessons. Beginners.</b> 5:00-6:00 PM \$5</p>	<p><b>Choraliers (M+A)</b> 9:30-12:00PM</p> <p><b>BINGO!</b> 1:00-3:30PM <i>Lunch for purchase</i></p> <p><b>Memoirs &amp; more Writing Wkshp (9/3 &amp; 9/17)</b></p> <p><b>Balboa Swing Dance Lessons.</b> Beginners. \$10. 6:00 - 7:00PM Intermediate. \$10 7:00 - 8:30PM</p>	<p><b>Textile Group (A)</b> 9-1PM <i>(Rental 9/11 Only)</i></p> <p><b>Improv 10-11:30AM (A) 1<sup>st</sup> &amp; 3<sup>rd</sup> Weds</b></p> <p><b>Senior Physical Fitness. 9:30-10:30AM (M)</b></p> <p><b>Chinese Mah Jongg</b> 12:30-3:30PM</p> <p><b>Scrabble</b> 12:30-3:00PM</p> <p><b>Photo Club (A)</b> 1:00-3:00PM <i>2<sup>nd</sup> Weds = Field Trip</i></p> <p><b>Membership Meeting (9/11) 3:30PM</b></p> <p><b>Receptionist Meeting (9/18) 3:30PM</b></p>	<p><b>Choraliers Dance (M+A)</b> 8:45-10:30AM</p> <p><b>International Folk Dance</b> 10:30-12:00PM</p> <p><b>Duplicate Bridge (A)</b> 11:00-3:00PM</p> <p><b>Gift Shop Crafts</b> 11:30-2:30PM</p> <p><b>Bridge for Fun</b> 12:00-3:00PM</p> <p><b>Canasta Hand &amp; Foot</b> 12:30-3:30PM</p> <p><b>MCSC NEWSLETTER FOLD &amp; MAIL (9/26) 8:30-Noon</b></p>	<p><b>Grey Bears Brown Bag</b> 8:30-10:00AM</p> <p><b>WIN (A)</b> 8:45-9:45AM</p> <p><b>Senior Stretch</b> 9:00-10:00AM</p> <p><b>Qigong</b> 10:10-11:10AM <i>(No Class 3<sup>rd</sup> Fridays)</i></p> <p><b>Ukulele (A)</b> 10:00-11:00AM <i>(3<sup>rd</sup> Friday in Main Room)</i></p> <p><b>Basic Spanish</b> 11:30-12:30 <i>(No Class 3<sup>rd</sup> Fridays)</i></p> <p><b>American Mah Jong (A)</b> 12:00-3:45PM</p> <p><b>Chess Club</b> 1:00-3:00PM</p> <p><b>Pedro (9/6)</b> 1:00-3:45PM</p> <p><b>Friday Night Dances</b> <i>See Back Page for Details!</i></p> <p><b>Board Meeting (A) (9/20) 10-Noon</b></p> <p><b>SPECIAL SPEAKER: (9/20) 12:00PM</b> Ann Bennet Young – Damien’s Ladder</p>	<p><b>Garden Workday (9/7) (G &amp; A)</b> 8:30-11AM</p> <p><b>Japanese Flower Arranging (A) (9/14) 2<sup>nd</sup> Saturday</b> 10-12PM <i>Pre-register w/Instr.</i></p> <p><b>West Coast Swing Dance</b> <i>3<sup>rd</sup> Saturday (9/21)</i> Lessons 6:30-8PM Open Dance 8-11PM</p> <p><b>SPECIAL EVENT (9/14) LYON SAN</b> Parisian Gypsy and American Jazz</p> <p><b>DANCE PARTY!!</b> </p>	<p><b>Annex – Rental until 1:00PM</b> (every Sunday)</p> <p><b>1<sup>st</sup> Sun Waltz (9/1)</b> 3-4PM Lesson 4-5PM Dance</p> <p><b>Bowman Ranch Breakfast (9/28)</b> 8:30-Noon \$11/Adults \$5/Kids age 10 &amp; under</p> 

# MCSC ACTIVITY LEADERS

## Balboa Swing Dance Lessons

Jeff Clark (408) 591-5996

## Bingo

Nancy Prevedelli,  
(831) 476-0416  
Vicky Howell, (831) 345-6374

## Basic Spanish

Tony Alonzo (831) 818-8712

## Book Club

Cookie Sherman (831) 477-9492

## Bridge for Fun

Tom Motter 801-510-5836

## Canasta

Bella Hughes, (831) 688-7147

## Chinese Mah Jong

Bella Hughes, (831) 688-7147

## Chess

Rose Dyson, 310/430-5708

## Choraliars

Wanda Kocina, (831) 331-5822  
Terri Lesniak, (831) 421-1237  
Jeremy Griffey, (831) 462-6360  
Nancy Maley, (408) 489-3892  
Cindy Kiernan, (831) 428-9875

## Country Dance Lessons, Beginner

Michael Lew, 688-7486

## Dances

Gertie Johnson, (831) 475-9280

## Duplicate Bridge

Joe Nussbaum, 722-8911(Th grp)  
Sherry Gilbreath, 438-7222(M grp)

## E.C. Swing Lessons

Bob Folker, 297-3246

## Gentle Yoga on Matts

Janie Stone, (650) 868-8235

## Garden

Curt Jewel, (831) 227-9974

## Gift Shop

Margo Atkinson, (831) 325-9421

## International Folk Dance

Gabriel Swanson, (831) 224-4776

## Improv

Catherine Hampton, (831) 247-8634

## Japanese Flower Arranging

Marian Monto, (831) 688-1072

## Mah Jongg

Kelly Gibson, (831) 427-2631

## Memoirs & More – Writing Workshop

Mark Bradlyn 831-295-7314

## Party Bridge

Marilyn Carter (831) 239-3038  
Deborah Blumberg,  
(831) 425-5481

## Pedro

JR Roberts, (831) 234-6185

## Photo Club

George Kiernan, (408) 590-8282

## Qi-Gong

Jim Weaver (831) 421-1967

## Scrabble

Stephanie Frog 464-8374

## Senior Physical Fitness

Stephanie Golino, (831) 421-2110

## Senior Stretch

Sharon Barth, (831) 247-0190

## Ukulele

Gigi Goodwin, (831) 662-8728

## Waltz

Bob Folker, (831) 297-3246

## West Coast Swing Dance

Scott Seimer (408) 416-7490

**WIN** Cindy (831) 234-4950

## COME TO DANCE OR JUST ENJOY THE MUSIC



## SAN LYON

**SPECIAL EVENT Sept 14<sup>TH</sup> 7:00PM**

**Doors Open 6:30PM \$15**

*San Lyon's music style is a delightful mix of early 20th century Parisian Gypsy Jazz and American Jazz standards from 1920's to 40's, as well as some originals.*

## Friday Night Dances

**(9/6) Bay Bop Jazz Band**, 7-9PM, \$10/person.

**(9/13) Country Feeling Band** 7-9PM, \$10/person; **Line Dance Lessons W/Shanta** 6:00-7PM, Free with entry to dance, otherwise \$10.

**(9/20) Chicago Bill & The Next Blues Band**, 7-9PM, \$10/person

**(9/27) 10 O'Clock Lunch Band**, 7-9PM, \$10/person

## Other Dances

**(9/1) 1<sup>st</sup> Sunday Waltz**, Lesson at 3:00PM, Dance 4-5PM

**(9/14) Special Event: San Lyon** - Parisian Gypsy Jazz and American Jazz - DANCE PARTY!!  
7-10PM, doors open @ 6:30PM, \$15/person.

**(9/21) 3<sup>RD</sup> Saturday Night Dance: West Coast Swing Dance** – 6:30-11pm. \$15/person, \$10 for students with Student Body Card. Beginner Lessons 6:30-7, Inter/Adv Lessons 7-8pm, Open dance 8-11PM



## Weekday Dances & Lessons

**Monday - Country Line Dance Lessons** for Beginners. 5-6:00pm, \$5

**Tuesdays – Balboa Swing Dance Lessons** 7-8:30pm \$10; Beginners class from 6-7pm, \$10.

**Thursdays - International Folk Dance** 10:30am-12:00pm, \$4