

Mid-County Senior Center
829 Bay Ave
Capitola, CA 95010

RETURN SERVICE REQUESTED

Non-Profit Org.
U.S. Postage
PAID
Santa Cruz, CA
Permit #7072

Friendly reminder—Renew
your annual dues on the
date shown above your
name on your address label



EVERY TUESDAY 1:00-3:30
Doors open at 12:15
Bingo Pad, \$10 – Win up to \$100!
Additional pads \$8, ½ Pad alone \$6
½ Pad with Full Pad, \$4,
50¢ Pull Tabs, Win up to \$250.

Hot dogs, Chili, Chips and Soda available for purchase
Must be over 18 to play. Open to the public, Doors open at 12:15



OPEN TO THE PUBLIC • ALL PROCEEDS BENEFIT MCSC • MCSC-CAPITOLA.ORG • VOLUME 50, NO. 5



**MCSC will be installing a NEW
Automated Check-In System
CELEBRATE BLITZ DAY MAY 31st
12:00 – 4:00PM**

**COME GET YOUR KEY BADGE
VERIFY YOUR MEMBER INFO
UPDATE YOUR EMERGENCY
CONTACT INFORMATION
GET YOUR ENTRY TICKET FOR A
SPECIAL DOOR PRIZE !!**



**EVERYONE WHO IS REGISTERED ON
BLITZ DAY WILL AUTOMATICALLY
GET THEIR NAME ENTERED INTO
THE DRAWING !!**

Dear Members,

Spring has finally sprung and it's time for some fun outdoor activities. First off, we have our annual Spring parking lot sale on Saturday, May 18. We'll have vegetable starts, floral arrangements, lavender items, and BBQ. There will also be several outside vendors as well as the Gift Shop ladies. Following that, the gardeners will have their first garden cart of the year at the Bowman Ranch Breakfast on Sunday, May 26. On Memorial Day, May 27, we will host a BBQ for all members so bring your appetites and a friend and plan on having a fun time. The fare will be hamburgers and hot dogs at a minimal cost.

Spring is a time for change, and we certainly have that to look forward to. On June 1 we will go live with our new check-in system MySeniorCenter. This system will facilitate the check-in process and eliminate the need for sign-in sheets. There will be many benefits for both the members and the Center of which you will be hearing much more about in the next month. On May 31 we will have a Blitz Day in which individual keytags will be distributed and the system demonstrated. There will be refreshments provided so we can have a little party while learning about it. Be sure to check the calendar in this newsletter for further information.

Thank you
Curt Jewell, President

MAY ANNOUNCEMENTS

BOWMAN RANCH BREAKFAST
SUNDAY MAY 26, 2024
 8:30AM to Noon
 \$11/ Adults \$5/Kids & Under



**LOOKING FOR
 CASHIER VOLUNTEERS
 FOR UPCOMING
 BREAKFAST, DINNER &
 DANCE EVENTS !!**



JOIN THE CHESS CLUB!
 Exercise your mind by
 playing a game of Chess
EVERY Friday 1-3PM. For
 more info contact Rose at
 310.430.5708

SUNSHINE COMMITTEE

We would like to remind you that we are here to provide cards for members who want to send a Birthday, Get Well, Sympathy OR Just thinking of You, Cards!

Just stop by the reception desk and let the receptionist know what you need. Also, please let us know if you know of any member who has passed away so we can send a card to their family!



YOUNG

In March
MELITA

**Celebrated
 "100"
 YEARS**

Brown Bag Program

\$30 a year for a bag of healthy groceries every week!

Recycling Center ■ Thrift Store ■ Bookstore
 Computer Store ■ Classes ■ Events



(831) 479-1055 greybears.org 2710 Chanticleer Ave, Santa Cruz

GI-CROWN
 THE REALTY GROUP

Gail D. LoBello
 Broker/Owner
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 831-482-4825
 www.GailLoBello.com
 GailLoBello@gmail.com

ABR SRES CRS

VALLEY HEIGHTS
 SENIOR RENTAL COMMUNITY

925 Freedom Blvd.
 Watsonville, CA 95076
 Work: (831) 722-4884
 Fax: (831) 722-2276
 Email: valley@valleyheights.com

INTEGRITY. COMMITMENT. RESULTS

HONORA ROBERTSON
 Broker/Owner

As a 4th generation Santa Cruzan and having been in real estate for 40+ years, I believe in giving my clients "Golden Rule Service". Whether you are thinking of selling or buying, contact me for a free consultation to discuss the market and your goals for the future in real estate!

ROBERTSON
 REAL ESTATE

DRE #00662046 | (831) 588-7426 | robertsonre@sbeglobal.net

Hearts & Hands
 Post Acute Care and Rehab Center
 2990 Soquel Av, Santa Cruz, CA 95062

Providing Rehab, Skilled Nursing, and Long-Term Care Services to help you heal after a hospital stay

P: (831) 479-9000
 F: (831) 462-4900
 heartsandhands.us



- | | |
|----------------------|--------------------|
| Alfter, Judy | Leitzke, Roxanne |
| Allen, Judy | Lovejoy, Mike |
| Bates, Robert | McIntyre, Patti |
| Bokemeier, Arthur | Mowen, Linda |
| Burry, Sue | Paris, Joyce |
| Calvert, Torsten | Peterson, Mary |
| Cornett, Lynn | Posner, Elaine |
| Gagen, Moira | Ray, Lanette |
| Gillingham, Barbara | Robinson, Cathy |
| Gorman, June | Ruiz, Deborah |
| Gray, Lee Ann | Schaefer, Mirrian |
| Hoffseth, Karen | Sedgwick, Michael |
| Hogan, Diane | Sparrow, Katharine |
| Houchen Keith | St. Ores, Esther |
| Imadomi-Gueye Susan | Techner, Marc |
| Jewell, Curt | Uyematso, Jane |
| Kelly, Eleanor | Winham, Jan |
| Knornschild, Asenath | Wyatt, Mary |



**TAKE A BASIC
 SPANISH CLASS
 BEGINNING
 JUNE 7th then
 EVERY FRIDAY
 11:30AM to 12:30PM
 EXCEPT 3RD
 FRIDAYS EVERY
 MONTH**

THANK YOU FOR BEING A MEMBER OF MCSC.

BOARD OF DIRECTORS MEETING NOTES

The following were the motions passed by the Board of Directors in the April 19th meeting.

- MCSC will host a "Social Hour" as a scheduled activity, featuring ice cream, mocktails, entertainment, etc.
- \$250 to purchase food for the 5/27 Memorial Day BBQ.
- A list of local organizations to be invited to present to the MCSC membership.
- A free activity coupon for members to give to a friend, available mid-May
- A Spanish class, details and cost TBD, begin in June.
- \$350 for a new sign to hang from the post on Bay Ave. to promote dances
- Bridge group can access the Center on Monday, May 27 even though the Center is closed, no key is required

Respectfully submitted by Marilyn Jessup

Board of Directors

President: Curt Jewell, (831) 227-9974

1st Vice President: Bella Hughes (831) 688-7147

2nd Vice President: Teri Mantz (831) 588-3700

Treasurer: Cindy Kiernan, (831) 428-9875

Recording Secretary: Marilyn Jessup, (831) 818-0593

Corresponding Secretary: Vicky Howell, (831) 345-6374

Directors at Large
Tony Alonzo, (831) 818-8712
Marilyn Carter, (831) 476-1972
Nancy Prevedelli, (831) 476-0416
Donna Fernandez, (831) 426-2827

Past President: Debbie Sheehan, (949) 633-7222

Committee Chairs

Activities & Events, Publicity: Cindy Kiernan, 831-476-4711

Building & Property, Garden, & Technology
Curt Jewell, 227-9974

Bylaws, Finance & Personnel
Cindy Kiernan, 428-9875

Membership:
Vicky Howell, 345-6374

Departments

Coordinator: Open
Librarian: Elke Maus, 464-8983

Newsletter: Vicky Howell 345-6374

Receptionist: Nancy Prevedelli, 476-0416

Sunshine Committee: Office 476-4711

At MCSC, the members, volunteers and staff are important and are treated equitably and professionally.

Board of Directors, General Meeting minutes and financial statements are available upon request through the President, Curt Jewell.

MEMBER SPOTLIGHT



This month we are honoring Bob Folker. He has been a member of MCSC since 2013, and was probably dancing here before that! Bob is one of the nicest guys you can meet. You can find Bob at most of our dance events as he is always here to support his friends. Bob is passionate about dancing and has taught Swing in the past & currently teaches our Sat. Waltz class. If you haven't tried it, you should. He is here the 2nd Saturdays of each month. Lessons are 3-4PM, Open Dance from 4-5PM. Thanks Bob for being a valued member and volunteer for the center. You are TRULY

appreciated!

JOIN THE FUN &
PLAY PARTY BRIDGE
MONDAYS 11:00AM - 2:30PM



NEW MEMBERS



Barash, Melanie
Bivins, Gaye
Crompton, Janis
Devaughn, Jill
Diamond, Barbara
Diamond, Marilyn
Freel, Tobin
Hancock, Geraldine
Hipkins, Samuel
Larsen, Ingrid
Larson, Mary

GET YOUR TICKETS NOW

Mid County Senior Center
Celebrating 50 Years in
Capitola

Saturday 29, 2024



Champagne Toast
Dinner & Dancing
Featuring:
10 O'Clock Lunch Band

Tickets \$50 per Person
Available at MCSC or
Event-Brite until

June 22, 2024



BY POPULAR
DEMAND
QIGONG
Added a Friday class
to our weekly
schedule !!!

Except 3 Fridays

ACTIVITY NOTES

BINGO

Tuesdays - BEST Game in Town!
Doors open at 12:15. Game starts at 1:00 PM.

CARDS & BOARD GAMES

Bridge for Fun: Thu 12-3PM
Duplicate Bridge: Mon/Thu 11AM
Party Bridge: Mon 11AM
We need more players!



Canasta: Hand & Foot Mondays & Thursdays -12:30-3:30PM

Mah Jongg: - Fri at Noon in the Annex.

Chinese MahJong

Wed 12:30-3:30PM in the Main Room. BEGINNERS WELCOME!

Scrabble: Wed -12:30 PM.

Pedro- 1st Fri 1-3:45 PM

CHORALIERS PERFORMING ARTS

Practice for our 3 times/yr live performances – includes singing, dancing, costuming, choreography, and set decoration. Tue 9:30 AM for vocal rehearsals, and dance practice on Thurs 8:45 AM

CLUBS

Book Club: Meets 1st Fri at Capitola Library at 10:30 AM.

Chess Club: Fri 1:00PM

Photo Club: Weds 1-3PM in the Annex. Come join us & learn how to take better photos.

Ukulele Jam Club: All skill levels are welcome. Other instruments are welcome too - Come jam with us and have fun. Fri -10am.

DANCES

**See calendar for all details!!!*



EXERCISE & FITNESS

Sr. Physical Fitness – All levels welcome. Wed at 9:30
Senior Stretch – Fridays at 9am. We work the whole body in a fun way!

Gentle Yoga on mats – Mondays, 9:00-10:15am
WIN – Fridays – 8:45 in the annex for weight information
International Folk Dance Thursdays, 10-noon (M)

GARDEN UPDATE

We are SO excited for our upcoming Garden & Craft Sale. This annual event is one of our favorites! We really look forward to seeing all of our members & neighbors to join us for a fun day!

If you are ready to get some fresh starts for your garden or just great gifts for yourself or friends, you will not want to miss it.

Now that our flowers are finally starting to bloom, the Garden will restart Garden Cart at the monthly breakfast starting in May. Watch for those fresh bouquets, lovely lavender products & fresh veggies!!!

GIFT SHOP NEWS

HAPPY SPRING!!

As you know Spring in our Central Coast area means “June Gloom”. Due to that, the Gift Shop will have Buy 1 - Get 1 SALE on hats, beanies & scarves to keep you ‘SnuggleLicious’

KEEP IN MIND: We will also have a booth @ the May parking lot sale so please

drop by & say HELLO!

Attention Please:

5/27/2024

MEMORIAL DAY

CLOSED FOR DAYTIME
ACTIVITIES;

OPEN ACCESS FOR BRIDGE
GROUP AND COUNTRY LINE
DANCING LESSONS

12:00PM BBQ @ GAZEBO

5/31/2024

MY SENIOR CENTER BLITZ DAY

6/1/2024

MY SENIOR CENTER SOFTWARE
LAUNCH LAUNCHING

SPRING GARDEN SALE
& CRAFT FAIR
Sat. May 18, 2024 9AM-2PM



From our Organic Gardens:

Fresh Flowers
Organic Vegetable Starts
Multiple Types of Succulents
Freshly Harvested Vegetables

40+ CRAFT VENDORS!!

Lavender Products, Candles, Paintings, Jewelry, Tie-dye, Wood Crafted Items, Hand Sewn Items, Ceramics, Fused Glass, Used Books and Much, Much More! Come see what else!

BBQ & Snacks Available for Sale

Mid-County Senior Center
829 Bay Ave • Capitola, CA 95010 • 831/476-4711
mcsc-capitola.org



Photo Shop

The MCSC Photo Club is a group of photographers that meet every Wednesday from 1-3PM. We will teach you how to get the best out of your camera in a classroom environment & put your skills to practice on Field Trips. Take it to the next level & learn to edit your photos using Photoshop Elements



MAY Schedule

May 1 – Elements 103

May 8 – Field Trip – Oakland Zoo

May 15 – Still Life

May 22 – Transform (Elements)

May 29 – Remove the Unwanted (Elements)

UKELELE CLUB UPDATE

The Mid County Pluckers are welcoming NEW members every week! We were happily surprised when CJ brought out her flute to add a new dimension to our songs! We are currently on some songs in Spanish for our next visit to Elderday . COME JOIN THE FUN !

Tech Talk with Tinka

BY APPT ONLY

TUESDAY 5/14 & 5/28 2 - 4PM



THANK YOU TO ALL
VETERANS FOR YOUR
SERVICE

MONDAY 5/27/2024 12-2 PM

MEMORIAL DAY
BARBECUE



* MEET US IN THE GAZEBO FOR BBQ *

\$5 Hamburgers - \$3 Hot Dogs
Sides,
Chips & Soda Included

Why did the
fish blush?

It saw the ocean's
bottom.

