MCSC Mid-County Senior Center Capitola

Activities Calendar Hours: 8:30AM-4:00PM

March 2024

Class fees are \$4 for MCSC members \$6 for non-members, unless otherwise noted. Exact change and small bills are appreciated!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Gentle Yoga on Mats (A) 9:00- 10:30AM **New** Qigong 10:00-11:00 Party Bridge 11:00-2:30PM Duplicate Bridge (A) 11:00-3:00PM Canasta Hand & Foot 12:30-3:30PM Country Line Dance Lessons. Beginners. 5:00-6:00 PM \$5	Choraliers (M+A) 9:30-12:00PM BINGO! 1:00-3:30PM Lunch for purchase (No hot food on 3/12) Tuesday Night Live 3/12 Doors Open 4:30 Dinner Served 5PM Menu: Corn Beef Cabbage! Please register in advance with Receptionist!	** New ** Project Scout (A) 9-1PM Pre-Register w/Receptionist Senior Physical Fitness. 9:30- 10:30AM (M) Chinese Mah Jongg 12:30-3:30PM Scrabble 12:30-3:30PM Photo Club (A) 1:00-3:00PM Free Ice Cream Social (3/20) 1:00 Spend time with Friends or Meet New ones!	Choraliers Dance (M+A) 8:45-10:30AM International Folk Dance 10:30-12:00PM Duplicate Bridge (A) 11:00-3:00PM Gift Shop Crafts 11:30-2:30PM Bridge for Fun 12:00-3:00PM Canasta Hand & Foot 12:30-3:30PM	Grey Bears Brown Bag 8:30-10:00AM WIN (A) 8:45-9:45AM Senior Stretch 9:00-10:00AM Ukulele (A) 10:00-11:00AM Tech Talk 11:00-1:00PM Pre- <i>Register</i> <i>w/Receptionist</i> American Mah Jong (A) 12:00-3:45PM Chess Club 1:00-3:00PM Pedro (3/1) 1:00-3:45PM Friday Night Dances See Back Page for Details!	Garden Workday (3/2) (G & A) 8:30-11AM Japanese Flower Arranging (A) (3/9) 2 nd Saturday 10-12PM Pre-register w/Instr. Book Signing with Hsui-li (Sho-Li) (3/16) 3-5PM	1st Sun Waltz Dance(3/3) Lesson at 3:00PM, Dance 4:00-6:00PMSaint Patrick's Day! (3/17) Wear your Green!www.secondlineBowman Ranch Breakfast (3/24) 8:30-Noon \$11/Adults \$5/Kids age 10 & under
MCSC NEWSLETTER FOLD & MAIL	Balboa Swing Dance Lessons. Beginners. \$10.			Board Meeting (A) (3/15) 10-Noon	FUNDRAISER: All proceeds benefit MCSC	
(3/27) 8:30-Noon	6:00 - 7:00PM Intermediate. \$10 7:00 - 8:30PM			General Meeting (Lunch included) (3/15) 12:00-1:00 (M)		
		Receptionist Meeting (3/6) 3:30PM		GUEST SPEAKERS Preventing SCAMS (3/15) 1:000PM	West Coast Swing Dance (3/15) 3rd Saturday 8-11PM	

MCSC ACTIVITY LEADERS

Balboa Swing Dance Lessons Jeff Clark (408) 591-5996

Chinese Mah Jong Bella Hughes, (831) 688-7147

Bingo Nancy Prevedelli, (831) 476-0416 Vicky Howell, (831) 345-6374

Book Club Cookie Sherman (831) 477-9492

Bridge for Fun Tom Motter 801-510-5836

Canasta Bella Hughes, (831) 688-7147 Chess Rose Dyson, 310/430-5708

Choraliers Wanda Kocina, (831) 331-5822 Terri Lesniak, (831) 421-1237 Jeremy Griffey, (831) 462-6360 Nancy Maley, (408) 489-3892 Cindy Kiernan, (831) 428-9875

Country Dance Lessons, Beginner Michael Lew, 688-7486

Dances Gertie Johnson, (831) 475-9280

Duplicate Bridge Joe Nussbaum, 722-8911(Th grp) Sherry Gilbreath, 438-7222(M grp) E.C. Swing Lessons Bob Folker, 297-3246

Gentle Yoga on Matts Janie Stone, (650) 868-8235

Garden Curt Jewel, (831) 227-9974

Gift Shop Margo Atkinson, (831) 325-9421

International Folk Dance Gabriel Swanson, (831) 224-4776

Japanese Flower Arranging Marian Monto, (831) 688-1072 Live Band Dance Gertie Johnson, (831) 475-9280

Mah Jongg Kelly Gibson, (831) 427-2631

Party Bridge Deborah Blumberg, (831) 425-5481

Pedro JR Roberts, (831) 234-6185

Photo Club George Kiernan, (408) 590-8282

Senior Physical Fitness Stephanie Golino, (831) 421-2110 Senior Stretch Sharon Barth, (831) 247-0190

Tech Talk Tinka Anderson, (831) 247-6050

Ukulele Gigi Goodwin, (831) 662-8728

Waltz Bob Folker, (831) 297-3246

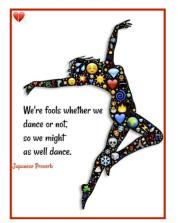
West Coast Swing Dance Rupert Schroeder, (831) 818-6621

WIN Cindy (831) 234-4950

Writing Memoirs Teresa Dance, (831) 464-9731

COME TO DANCE OR JUST ENJOY THE MUSIC

FIFTH FRIDAY FANDANGO "APRIL FOOLS DANCE PARTY"



Come sing and dance as our DJ plays the great tunes of the 50's & 60's that comforted us when our foolish young hearts were broken

> Friday, March 29, 2024 7-9pm / \$10 Admission Bring your own food & non-alcoholic drink

Friday Night Dances

(3/1) Bay Bop Jazz 7-9PM, \$10/person.

(3/8) Country Feeling Band, 7-9PM, \$10/person; Line Dance Lessons W/Shanta 6:00-7PM, Free with entry to dance, otherwise \$10.

(3/15) Chicago Bill and the Next Blues Band, 7-9PM, \$10/person

(3/22) 10 O'Clock Lunch Band, 7-9PM, \$10/person

(3/29) 5th Friday Fandango – "April Fools Dance Party" – 7-9PM, \$10/person.

Other Dances

(3/3) 1st Sunday Waltz, Lesson at 3:00PM, Dance 4-6PM

(3/16) 3RD Saturday Night Dance: West Coast Swing Dance, 7-11pm. \$15/person, \$10 for students with Student Body Card. Intermediate/Advanced Lessons 7-8pm, Open dance at 8

Weekday Dances & Lessons

Monday - Country Line Dance Lessons for Beginners. 5-6:00pm, \$5 Tuesdays – Balboa Swing Dance Lessons 7-8:30pm \$10; Beginners class from 6-7pm, \$10. Thursdays - International Folk Dance 10:30am-12:00pm, \$4