



Chronic Health Wisdom

PERSONALIZED CANNABIS EDUCATION

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As a nurse educator, I've always been aware of the fact that people use medical cannabis. However, I was not allowed to teach safe practices related to it. Today, medical cannabis has been legalized, but finding professional guidance remains a challenge. Many people rely on inaccurate online information or take advice from budtenders. My aim is to provide accurate information about cannabis that can ultimately improve peoples quality of life. By bridging the knowledge gap and offering evidence-based guidance, I empower individuals to make informed decisions about medical cannabis, ensuring their well-being and safety.

LET'S TALK ABOUT

Using cannabis safely for: Improved Sleep, Pain, Anxiety, Depression, Parkinson's, Dementia, Alzheimer's, Glaucoma and many other conditions

Call for more information



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WHO I AM

Cheri Sacks, RN, CDCES:

- Certified medical cannabis consultant
- Diabetes educator
- Disease management expert

WHAT IS CHRONIC HEALTH WISDOM?

I help people use medical cannabis safely. I teach how cannabis works, which cannabinoids to use to address symptoms and answer questions about dosage & administration. I educate on avoiding side effects and drug interactions. In addition, I work side by side with people as they adjust their cannabis plans. I also provide general health coaching.



CANNABIS EDUCATION

Learn about medical cannabis



HEALTH COACHING

Support to reach health goals



GROUP TRAINING

Group presentations