




Mondays	Tuesdays	Wednesdays	Thursdays	Fridays	Saturdays	Sundays
<p><b>Gentle Yoga on Mats (A)</b> 9:00-10:30AM</p> <p><b>Duplicate Bridge (A)</b> 11:00-3:00PM</p> <p><b>Party Bridge</b> 11:00-2:30PM</p> <p><b>Canasta Hand &amp; Foot</b> 12:30-3:30PM</p> <p><b>Country Line Dance Lessons.</b> Beginners. 5-6:00PM \$5</p> <p><b>Matter of Balance</b> 9:00-11:00A</p>	<p><b>Choraliers (M+A)</b> 9:30-12:00PM</p> <p><b>BINGO!</b> 1:00-3:30PM <i>Lunch for purchase</i></p> <p><b>Tuesday Night Live (10/17)</b> \$11 Doors Open 4:30PM, Dinner Served @5PM <b>Menu coming soon!</b></p> <p><b>Balboa Swing Dance Lessons.</b> Beginners. \$10. 6:00 - 7:00PM Intermediate. \$10 7:00 - 8:30PM</p> <p><b>Writing Memoirs</b> 1<sup>st</sup> &amp; 3<sup>rd</sup> Tuesdays Sept—Nov 12:30-2:30PM</p>	<p><b>Senior Physical Fitness.</b> 9:30-10:30AM</p> <p><b>Party Bridge</b> 11:00-2:30PM <i>Cancelled until further notice.</i></p> <p><b>Chinese Mah Jongg</b> 12:30-3:30PM</p> <p><b>Scrabble</b> 12:30-3:00PM</p> <p><b>Photo Club (A)</b> 1:00-3:00PM</p> <p><b>Line Dance Lessons</b> Inter/Advanced, \$5 7:00-8:30PM</p> <p><b>Matter of Balance</b> 9:00-11:00AM</p>	<p><b>Choraliers Dance (M+A)</b> 8:45-10:30AM</p> <p><b>International Folk Dance</b> 10:30-12:00PM</p> <p><b>Duplicate Bridge (A)</b> 11:00-3:00PM</p> <p><b>Gift Shop Crafts</b> 11:30-2:30PM</p> <p><b>Bridge for Fun</b> 12:00-3:00PM</p> <p><b>Canasta Hand &amp; Foot</b> 12:30-3:30PM</p>	<p><b>Grey Bears Brown Bag</b> 8:30-10:00AM</p> <p><b>WIN (A)</b> 8:45-9:45AM</p> <p><b>Senior Stretch</b> 9:00-10:00AM</p> <p><b>Ukulele (A)</b> 10:00-11:00AM</p> <p><b>Art Class</b> <i>NO class in OCT</i></p> <p><b>Chess Club</b> 1:00-3:00PM</p> <p><b>Pedro (10/6)</b> 1:00-3:45PM</p> <p><b>Tech Talk</b> 11:00-1:00PM <i>By Appt Only - Sign-up with the Receptionist</i></p> <p><b>American Mah Jong (A)</b> 12:00-3:45PM</p> <p><b>FRIDAY NIGHT DANCES</b> <i>See back page for details!</i></p> <p><b>Book Club Meeting on 1<sup>st</sup> Friday at Capitola Library (10/6)</b> 10:30-noon</p>	<p><b>FALL PARKING LOT SALE (10/7)</b> 9-2 PM</p> <p><b>Japanese Flower Arranging (A)</b> (10/14) 2<sup>nd</sup> Sat 10-12PM <i>Pre-register w/Instr.</i></p>  <p><b>West Coast Swing Dance</b> 3<sup>rd</sup> Saturday (10/21) 8-11PM</p> <p><b>AMERICAN RED CROSS BLOOD DRIVE</b> (10/21) 3<sup>rd</sup> Sat 9-2PM Pre-Register with Red Cross</p> 	<p><b>Waltz Dance</b> (10/15) Lesson at 3:00PM, Dance 4:00-6:00PM</p> <p><b>BOWMAN RANCH BREAKFAST</b> (10/22) 8:30-Noon / \$11</p> 
<p><b>MCSC NEWSLETTER FOLD &amp; MAIL</b> (10/29) 8:30-Noon</p>		<p><b>RECEPTIONIST MEETING</b> (10/4) 3:30PM</p>		<p><b>Board Meeting (A)</b> (10/20) 10-noon</p>		

*Class fees are \$4 for MCSC members, \$6 for non-members, unless otherwise noted.  
Activities with (A) are in the Annex, (M) are in the Main Hall (G) Gazebo*

## MCSC ACTIVITY LEADERS

<b>Art Class</b> Michelle Green, 466-9360	<b>Chess</b> Rose Dyson, 310/430-5708	<b>Fifth Friday Dance</b> David Cantu, 662-3405	<b>Line Dance Lessons, Int/Adv.</b> Helen Waller, 427-2983	<b>Senior Physical Fitness</b> Stephanie Golino, 421-2110
<b>Balboa Swing Dance Lessons</b> Jeff Clark (408) 591-5996	<b>Choraliers</b> Wanda Kocina, 331-5822	<b>Garden</b> Curt Jewel, 227-9974	<b>Live Band Dance</b> Gertie Johnson, 475-9280	<b>Senior Stretch</b> Sharon Barth, 247-0190
<b>Beginning Mah Jong</b> Bella Hughes, 566-1474	<b>Country Dance Lessons, Beginner</b> Michael Lew, 688-7486	<b>Gift Shop</b> Margo Atkinson, 325-9421	<b>Mah Jongg</b> Kelly Gibson, 427-2631	<b>Swing Dance</b> Rupert Schroeder, 818-6621
<b>Bingo</b> Nancy Prevedelli, 476-0416	<b>Duplicate Bridge</b> Joe Nussbaum, 722-8911	<b>International Folk Dance</b> Gabriel Swanson, 224-4776	<b>Party Bridge</b> Deborah Blumberg, (Mon 425-5481)	<b>Tech Talk</b> Tinka Anderson, 247-6050
<b>Book Club</b> Cookie Sherman 477-9492	<b>E.C. Swing Lessons</b> Bob Folker, 297-3246	<b>Japanese Flower Arranging</b> Marian Monto, 688-1072	<b>Pedro</b> JR Roberts, 234-6185	<b>Ukulele</b> Gigi Goodwin, 662-8728
<b>Bridge for Fun</b> Jim Miller, 440-1647		<b>Jukebox Dance</b> Gertie Johnson, 475-9280	<b>Photo Club</b> George Kiernan, (408) 590-8282	<b>Waltz</b> Bob Folker, 297-3246
<b>Canasta</b> Bella Hughes, 688-7147		<b>Writing Memoirs</b> Teresa Dance, 464-9731	<b>Scrabble</b> Stephanie Frog, 464-8374	<b>WIN</b> Cindy 234-4950
				<b>Yoga</b> Janie Stone, 650/868-8235

## COME TO DANCE OR JUST ENJOY THE MUSIC



### Friday Night Dances

- (10/6) Plateau Jazz Band 7-9, \$10/person. **Special Night: Pie, Wine, Beer for Sale.**
- (10/13) Country Feeling Band, 7-9, \$10/person
- (10/20) 10 O'clock Lunch Band, 7-9:30pm, \$10/person
- (10/27) Jukebox Halloween DJ Dance, 7-9pm, \$10/person.

### Other Dances

- (10/20) 3rd Sunday Waltz, 3-6pm
- (10/21) 3<sup>RD</sup> Saturday Night Dance: West Coast Swing Dance, 7-11pm. \$15/person, \$10 for students with Student Body Card. Intermediate/Advanced Lessons 7-8pm, Open dance at 8.

### Weekday Dances & Lessons

- Monday - Country Line Dance Lessons for Beginners. 5-6:00pm, \$5
- Tuesdays – Balboa Swing Dance Lessons 7-8:30pm \$10; Beginners class from 6-7pm, \$10.
- Wednesdays - Country Line Dance Lessons Inter/Adv 7:00-8:30pm, \$5
- Thursdays - International Folk Dance 10:30am-12:00pm, \$4