






| Mondays   | Tuesdays  | Wednesdays  | Thursdays  | Fridays   | Saturdays   | Sundays  |
|---|---|---|--|---|---|--|
|  <p><b>9/4 – LABOR DAY CENTER IS CLOSED; ALL REGULAR ACTIVITIES ARE CANCELLED</b></p> <p><b>Gentle Yoga on Mats (A)</b> 9:00-10:30AM</p> <p><b>Duplicate Bridge (A)</b> 11:00-3:00PM</p> <p><b>Party Bridge</b> 11:00-2:30PM</p> <p><b>Canasta Hand &amp; Foot</b> 12:30-3:30PM</p> <p><b>Country Line Dance Lessons.</b> Beginners. 5-6:00PM \$5</p> <p><b>Matter of Balance</b> 9:00-11:00AM 9/11-9/25 (9/4 No Class)</p> <div style="border: 1px solid black; padding: 5px; margin-top: 10px;"> <p><b>MCSC NEWSLETTER FOLD &amp; MAIL</b> (9/25) 8:30-Noon</p> </div> | <p><b>Choraliers (M+A)</b> 9:30-12:00PM</p> <p><b>BINGO!</b> 1:00-3:30PM<br/><i>Lunch for purchase</i></p> <p><b>** New **</b></p> <p><b>Memoir Writing (A)</b> 1<sup>st</sup> &amp; 3<sup>rd</sup> Tuesdays 12:30-2:30PM</p> <p><b>Tuesday Night Live (9/19)</b> \$11<br/>Doors Open 4:30PM, Dinner Served @5PM</p>  <p><b>Balboa Swing Dance Lessons.</b> Beginners. \$10. 6:00 - 7:00PM Intermediate. \$10 7:00 - 8:30PM</p> <p><b>Writing Memoirs</b> 1<sup>st</sup> &amp; 3<sup>rd</sup> Tuesdays Sept–Nov 12:30-2:30PM</p> | <p><b>** SPECIAL ONE DAY ONLY 9/27**</b></p> <p><b>Greeting Card Workshop (A)</b> 10:30-12:30PM<br/><i>Preregister with Receptionist</i></p> <p><b>Senior Physical Fitness.</b> 9:30-10:30AM</p> <p><b>Party Bridge</b> 11:00-2:30PM<br/><i>Cancelled until further notice.</i></p> <p><b>Chinese Mah Jongg</b> 12:30-3:30PM</p> <p><b>Scrabble</b> 12:30-3:00PM</p> <p><b>Photo Club (A)</b> 1:00-3:00PM</p> <p><b>Line Dance Lessons</b> Inter/Advanced, \$5 7:00-8:30PM</p> <p><b>Matter of Balance</b> 9:00-11:00AM</p> <div style="border: 1px solid black; padding: 5px; margin-top: 10px;"> <p><b>RECEPTIONIST MEETING</b> (9/6) 3:30PM</p> </div> | <p><b>Choraliers Dance (M+A)</b> 8:45-10:30AM</p> <p><b>International Folk Dance</b> 10:30-12:00PM</p> <p><b>Duplicate Bridge (A)</b> 11:00-3:00PM</p> <p><b>Gift Shop Crafts</b> 11:30-2:30PM</p> <p><b>Bridge for Fun</b> 12:00-3:00PM</p> <p><b>Canasta Hand &amp; Foot</b> 12:30-3:30PM</p> <p><b>Garden BBQ (9/7)</b> (G)-1<sup>st</sup> Thurs 5:00PM</p> | <p><b>Grey Bears Brown Bag</b> 8:30-10:00AM</p> <p><b>WIN (A)</b> 8:45-9:45AM</p> <p><b>Senior Stretch</b> 9:00-10:00AM</p> <p><b>Ukulele (A)</b> 10:00-11:00AM</p> <p><b>Art Class</b><br/><i>No Classes in Sept</i></p> <p><b>Chess Club</b> 1:00-3:00PM</p> <p><b>** Day Change **</b><br/><b>Pedro (9/8) 2<sup>nd</sup> Fri</b> 1:00-3:45PM</p> <p><b>Tech Talk</b> 11:00-1:00PM<br/><i>By Appt Only - Sign-up with the Receptionist</i></p> <p><b>American Mah Jong (A)</b> 12:00-3:45PM</p> <p><b>FRIDAY NIGHT DANCES</b><br/><i>See back page for details!</i></p> <p><b>Book Club Meeting on 1<sup>st</sup> Friday at Capitola Library</b> 10:30-noon</p> <div style="border: 1px solid black; padding: 5px; margin-top: 10px;"> <p><b>BOARD MTNG (A)</b> (9/15) 10-Noon</p> </div> | <p><b>Gardeners Workday (9/2)</b> 8:45AM<br/><b>Followed by:</b> Meeting 10:45AM (A)</p> <p><b>Japanese Flower Arranging (A)</b> (9/9) 2<sup>nd</sup> Sat 10-12PM<br/><i>Pre-register w/Instr.</i></p>  <p><b>West Coast Swing Dance</b> (Lessons 7-8)<br/>3<sup>rd</sup> Saturday (9/16) 8-11PM</p> | <p><b>Waltz Dance (9/3)</b> Lesson at 3:00PM, Dance 4:00-6:00PM</p> <p><b>Choraliers Show: / Love Paris (9/17) 2:00PM \$10/Adult \$/Children</b></p>  <p><b>(9/24) BOWMAN RANCH BREAKFAST 8:30-Noon / \$11</b></p>  |

*Class fees are \$4 for MCSC members, \$6 for non-members, unless otherwise noted.  
Activities with (A) are in the Annex, (M) are in the Main Hall (G) Gazebo*

## MCSC ACTIVITY LEADERS

|  |   |  |   |  |
|--|---|--|---|--|
| <b>Art Class</b><br>Michelle Green, 466-9360                   | <b>Chess</b><br>Rose Dyson, 310/430-5708                        | <b>Fifth Friday Dance</b><br>David Cantu, 662-3405           | <b>Line Dance Lessons, Int/Adv.</b><br>Helen Waller, 427-2983 | <b>Senior Physical Fitness</b><br>Stephanie Golino, 421-2110 |
| <b>Balboa Swing Dance Lessons</b><br>Jeff Clark (408) 591-5996 | <b>Choraliers</b><br>Wanda Kocina, 331-5822                     | <b>Garden</b><br>Curt Jewel, 227-9974                        | <b>Live Band Dance</b><br>Gertie Johnson, 475-9280            | <b>Senior Stretch</b><br>Sharon Barth, 247-0190              |
| <b>Beginning Mah Jong</b><br>Bella Hughes, 566-1474            | <b>Country Dance Lessons, Beginner</b><br>Michael Lew, 688-7486 | <b>Gift Shop</b><br>Margo Atkinson, 325-9421                 | <b>Mah Jongg</b><br>Kelly Gibson, 427-2631                    | <b>Swing Dance</b><br>Rupert Schroeder, 818-6621             |
| <b>Bingo</b><br>Nancy Prevedelli, 476-0416                     | <b>Duplicate Bridge</b><br>Joe Nussbaum, 722-8911               | <b>International Folk Dance</b><br>Gabriel Swanson, 224-4776 | <b>Party Bridge</b><br>Deborah Blumberg, (Mon 425-5481)       | <b>Tech Talk</b><br>Tinka Anderson, 247-6050                 |
| <b>Book Club</b><br>Cookie Sherman 477-9492                    | <b>E.C. Swing Lessons</b><br>Bob Folker, 297-3246               | <b>Japanese Flower Arranging</b><br>Marian Monto, 688-1072   | <b>Pedro</b><br>JR Roberts, 234-6185                          | <b>Ukulele</b><br>Gigi Goodwin, 662-8728                     |
| <b>Bridge for Fun</b><br>Jim Miller, 440-1647                  |   | <b>Jukebox Dance</b><br>Gertie Johnson, 475-9280             | <b>Photo Club</b><br>George Kiernan, (408) 590-8282           | <b>Waltz</b><br>Bob Folker, 297-3246                         |
| <b>Canasta</b><br>Bella Hughes, 688-7147                       |   | <b>Writing Memoirs</b><br>Teresa Dance, 464-9731             | <b>Scrabble</b><br>Stephanie Frog, 464-8374                   | <b>WIN</b><br>Cindy 234-4950                                 |
|  |   |  |   | <b>Yoga</b><br>Janie Stone, 650/868-8235                     |

## COME TO DANCE OR JUST ENJOY THE MUSIC



### Friday Night Dances

- (9/1) Country Feeling Band 7-9, \$10/person. Line Dance Lessons W/Shanta 6:30-7, Free with entry to dance, otherwise \$5. *Special Night: Pie, Wine, Beer for Sale.***
- (9/8) Little Big Band, 7-9, \$10**
- (9/15) Bradley's Friday Night Filler, 7-9, \$10/person.**
- (9/22) "10 O'clock Lunch Band, 7-9:30pm, \$10/person.**
- (9/29) Fifth Friday Fandango Dance, 7-9:30pm, \$10/person. East Coast Swing Dance Lessons, with Bob Foker 6:30-7PM for \$5 (Free with paid dance entry).**

### Other Dances

- (9/16) 3<sup>RD</sup> Saturday Night Dance: West Coast Swing Dance, 7-11pm. \$15/person, \$10 for students with Student Body Card. Intermediate/Advanced Lessons 7-8pm, Open dance at 8.**

### Weekday Dances & Lessons

- Monday - Country Line Dance Lessons for Beginners. 5-6:00pm, \$5**
- Tuesdays – Balboa Swing Dance Lessons 7-8:30pm \$10; Beginners class from 6-7pm, \$10.**
- Wednesdays - Country Line Dance Lessons Inter/Adv 7:00-8:30pm, \$5**
- Thursdays - International Folk Dance 10:30am-12:00pm, \$4**